



**NE Family Youth System Partner Meeting Minutes  
NE FYSPRT  
March 19, 2026**

**Welcome** – Becky Hammill, Convener

**Increasing Tribal/Diverse Community/Family/Youth Involvement**

The NE FYSPRT met on March 19, 2026. Gail Kogle, System Partner Co Tri-Lead convened the meeting via Zoom and welcomed 18 participants with 6 family, tribal, diverse and youth members, and 12 system partners. Sabrena Hindberg, Family Tri Lead and Davina Akiu, System Partner Co Tri-Lead were present.

**Gail reviewed the purpose of the regional FYSPRTs**

The NE FYSPRT serves as a platform for bringing the voice of youth, families, and system partners together to identify the strengths, challenges, and gaps that exist in the regional behavioral health system of care.

**And the NE FYSPRT Values Statement**

We work continuously to provide a welcoming meeting environment for all attendees. Questions about the content or process of the NE FYSPRT meetings are welcomed. All who attend are treated with respect and dignity. We value improvement and innovation in publicly funded behavioral health for children, youth, and families.

**General NE FYSPRT Business**

**A. Contract/Compliance – Community Education/Regional Issues/Work Plan  
Lumen High School, Shauna Edwards, Executive Director**

Shauna Edwards provided information on the Spokane Lumen School, which opened in 2020. Lumen practices a flattened model in order to empower parenting students to access learning through place-based projects, a culturally restorative parenting group, and through engaging wrap around supports.

Lumen is rooted in belonging, social justice, and the empowerment of their staff, students and their children so that a student's role as a parent will not be at odds with their role as a student.

Lumen has approximately 55 to 65 parenting students each year. They have a Board with 12 members and a staff of 15. Shauna provided a snapshot of their students:

94% qualify for free and reduced lunch



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75% have post secondary commitments  
55% in the BIPOCC community  
50% are unaccompanied by a parent/guardian  
30% are working  
20% are fathers

Lumen's wraparound commitment includes mental health, internships, restorative justice, standards-based learning, and community partnerships. Lumen utilizes the social health model which is rooted in best practices with the goal to help every student succeed, reduce achievement gaps, and overall increase stability in their young parents' lives. One of Lumen's programs is the GLOW Children Early Learning Center which is right next door to the school. Students have 4 weeks at home maternity and then return to school. Baby wear is provided up to 4 months. The Shades of Motherhood Network is a wholly holistic program with daily parenting classes and access to doula care. Nurses are on staff and provide birthing plans and child development. There are weekly learning labs with their babies (music together, parent/child yoga, and art projects).

Lumen has a rolling enrollment. Anyone can refer at [lumenhighschool.org](http://lumenhighschool.org). Fathers and immediate families can be involved and there is a support group for fathers. Unfortunately, few students have an involved family.

Housing continues to be a great need and there are no current options for co-parenting living.

Shauna was thanked for her presentation.

**B. Contract/Compliance – Community Education/Regional Issues/Work Plan**

Gail Kogle, Office of Behavioral Health and Recovery, indicated that they continue to have a monthly forum open to all and at February's forum, Kratom was discussed. Both Spokane and Spokane Valley have banned the sale of Kratom. OBHA continues to receive referrals from NAMI, REACH, Ideal Options and other agencies. In June, there will be a community forum in Spokane with hopefully an audience of 150-200. Gail is recruiting vendors, especially behavioral health agencies. The April forum will focus on youth detox beds. Gail indicated the monthly forum is from 3 to 4:30. She stressed that changes can be made when people speak out.



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**C. WISe update**

Davina indicated that referrals are up with most agencies having interest lists. Excelsior continues to offer virtual enrollment while waiting for in-person services. Davina reminded attendees that families can refer to any agency for WISe services and if they indicate a preference for one agency, they will be put on the interest list for that agency. If no preference, the referral will be sent to all agencies.

There continues to be a gap between WISe services and when inpatient services are needed and when returning to WISe from inpatient. This is a difficult time for both the families and the WISe teams.

Davina emphasized that WISe providers work with the entire family, not just the person experiencing symptoms. Referrals can come from anywhere with the parents'/youth consent.

Excelsior has indicated that they have two teams in schools in the East Valley School District.

**D. Land Acknowledgement**

In the February meeting, Katie Pratt, Tribal liaison with the Office of Behavioral Health Advocacy, spoke about the use of land acknowledgements. Becky asked today's attendees if they had any further discussion regarding the land acknowledgement, confirming that is not the most culturally appropriate. The group concurred that the Tri-leads would discuss and make a connection with the tribes to determine next steps, if any, for the NE FYSPRT.

**NE FYSPRT Regional Issues**

**A. Regional Issues and Information – Community strengths and areas for growth:**

Becky indicated that in previous evaluations, respondents had asked for more information on Family Initiated Treatment. Josh Henderson has recruited a speaker for the NE FYSPRT July meeting.

Another respondent had asked how to obtain a 2<sup>nd</sup> opinion. It was recommended that they contact their Managed Care Organization/payer to pursue a different provider for a 2<sup>nd</sup> opinion. Most families have a connection with their MCO.



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The NE FYSPRT had submitted to the state FYSPRT a needs and gaps statement regarding SUD services for youth, both inpatient and outpatient.

In most instances, a youth is taken to the emergency department when they need detox services and may remain in the ER for several days. Where SUD programs for youth do exist, they may not be accessible when needed. Sundown was mentioned as a youth facility in Yakima, which would not be considered local to the Northeast region of Washington or the NE FYSPRT catchment area. The SUD service gap exists especially for youth ages 13 to 17. Spokane Public Schools has two SUDP's and provides but did not identify the comprehensive 24/7/365 care and care coordination identified with a system of care wraparound approach to services.

The schedule for the next NE FYSPRT meetings include:  
YFA will provide information about their Aspire Program in the April meeting.  
May's meeting will include a presentation about a new foster care program.  
June is the Self-Care Fair on June 25<sup>th</sup>

**Conclusion**

Attendees were asked to please complete the monthly evaluation to provide input into what's working and what's not working in our community relating to services for children and youth. System Partners as well as parents were asked to complete the survey so the leads can follow up to determine future meeting presentations or identify known gaps in the system. If a community organization is doing well, the leads would also like to know that information to share with the group.

The next NE FYSPRT meeting will be April 16, 2026 via Zoom.