



**NE Family Youth System Partner Meeting Minutes
NE FYSPRT
April 16, 2026**

Welcome – Becky Hammill, Convener

Increasing Tribal/Diverse Community/Family/Youth Involvement

The NE FYSPRT met on April 16, 2026. Ashley James, Youth Tri-Lead convened the meeting via Zoom and welcomed 20 participants with 9 family, tribal, diverse and youth members, and 11 system partners. Sabrena Hindberg, Family Tri-Lead and Gail Kogle, System Partner Co Tri-Lead were present.

Ashley reviewed the purpose of the regional FYSPRTs

The NE FYSPRT serves as a platform for bringing the voice of youth, families, and system partners together to identify the strengths, challenges, and gaps that exist in the regional behavioral health system of care.

And the NE FYSPRT Values Statement

We work continuously to provide a welcoming meeting environment for all attendees. Questions about the content or process of the NE FYSPRT meetings are welcomed. All who attend are treated with respect and dignity. We value improvement and innovation in publicly funded behavioral health for children, youth, and families.

General NE FYSPRT Business

**A. Contract/Compliance – Community Education/Regional Issues/Work Plan
YFA ASPIRE Program – Shea Bristlin**

Shea provided information regarding YFA's new ASPIRE program for youth age 13-17 who are in need of substance use disorder or co-occurring disorder treatment. The program has just opened and currently is accepting referrals. Individuals can self-refer or anyone can refer by calling YFA or going to their website. The program is voluntary. ASPIRE is an acronym for Adolescent, Substance Use, Prevention, Intervention, Recovery and Education). The program provides intensive outpatient and outpatient services in a safe, inclusive, age-appropriate environment. Schedule for services is flexible, including after school services and evening groups. The approach is holistic, recovery-focused, and family inclusive. When there is family involvement, the family is encouraged to participate with the individual. Shea was thanked for her presentation and the members noted that ASPIRE addresses a gap in services in our region.



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B. Contract/Compliance – Community Education/Regional Issues/Work Plan

Gail Kogle, Office of Behavioral Health and Recovery, indicated that they continue to have a monthly forum open to all and at March's forum, service gaps for substance use disorder for youth detox beds/inpatient services were discussed. In June, there will be a community forum in Spokane with a planned audience of 150-200. A venue for the event has not yet been finalized.

C. WISE update

Becky reported that providers will now be able to bill for rehab case management services when a WISE client is in an inpatient facility and the teams begin work with the individual and family for transition back to the home. At this time, it's unknown if this service will be available for all of the WISE team members (therapist, care coordinator, family peer). More information will be provided as it becomes available.

D. June 25, 2026 Self-Care and Resource Fair

Ashley provided an update on the planning for the NE FYSPRT Self-Care and Resource Fair. This year, the event will be at the Spokane County Fairgrounds. Partners were reminded to submit the registration form as soon as possible. Flyers are being created for partners to provide to their families and individual clients. Returning vendors this year include DSHS, Breast Intentions, and The WSU mobile clinic. Free lunches are being provided to attendees through a Better Health Together grant.

NE FYSPRT Regional Issues

A. Regional Issues and Information – Community strengths and areas for growth:

A new detox center for adults is coming to Spokane County with an opening planned for 2027.

Feedback from the NE FYSPRT member survey regarding insufficient rural services continue to be identified. A federal grant that is provider driven will attempt to address this gap in services.

Sharon O'Brien raised the issue of inadequate training and interventions for reactive attachment disorder. This is a specialized field and impacts



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adoptive children. Training is needed for parents and providers. Training needs to include family intervention, creation of support systems, and groups for parents. This is a system issue not related to individual clients. The few providers that were available in the community are no longer providing services for reactive attachment disorder.

Becky asked for updated information on the service gap that NE FYSPRT presented to the State FYSPRT regarding services for youth with SUD. There is a question as to whether wraparound services are being provided. Are services available 24/7? Is peer support provided? Are the parents/youth in the driver's seat? Parents in the meeting today have not had the need for SUD services for their child. One parent indicated that there was some wraparound at Pioneer, but it was not the same as WISe wraparound.

Discussion included system of care capacity – are there enough inpatient and outpatient services available that save lives – if NE FYSPRT is going to advocate for additional services, need to ask for what works for individuals and families in eastern WA. For example, there are some SUD outpatient services for youth: YFA's ASPIRE, Excelsior, Spokane Public Schools, but the only inpatient for youth is the Healing Lodge which provides services nationwide with a priority for tribal members and then to address needs in the region.

Conclusion

Attendees were asked to please complete the monthly evaluation to provide input into what's working and what's not working in our community relating to services for children and youth. System Partners as well as parents were asked to complete the survey so the leads can follow up to determine future meeting presentations or identify known gaps in the system. If a community organization is doing well, the leads would also like to know that information to share with the group.

The next NE FYSPRT meeting will be May 21, 2026 via Zoom. The June meeting is the Self-Care and Resource Fair on June 25th.