

FYSPRT Frequently Asked Questions (FAQ)

This document provides answers to frequently asked questions about the Family Youth System Partner Round Table (FYSPRT). FYSPRTs are collaborative forums where families, youth, and system partners come together to improve behavioral health services for children, youth, and families in Washington State.

Question	Answer
What is a FYSPRT?	<p>FYSPRT stands for Family Youth System Partner Round Table. They create space for family, youth, and system partners to share behavioral health lived experiences, collaborate, and incorporate the voice of the community into decision making at the regional and state level. FYSPRTs are based on the core values of System of Care including: family and youth driven, community based, and culturally responsive. All FYSPRT meetings are open to the public.</p> <p>FYSPRTs are linked to legislative groups as an impactful part of the Child, Youth and Family Behavioral Health Governance Structure that includes family, youth, and system partner voice.</p>
What is the Vision of the Statewide FYSPRT?	<p>We envision a future where WA state youth, young adults, families, and community partners work together to ensure behavioral health programs and services successfully support all families and youth to thrive.</p>
What is the Mission of the Statewide FYSPRT?	<p>The Statewide FYSPRT represents all voices and strives to support the work of the regional FYSPRTs and resolve identified challenges from the regional FYSPRTs or advance them to a legislative group. We inspire hope and connection and provide education and resources for children's behavioral health.</p>
How many FYSPRTs are there?	<p>Washington has ten regional FYSPRTs. Click the link to see a map of the regions. Each regional FYSPRT is led by a family, youth, and system partner Tri-lead. There is one Statewide FYSPRT that includes the Tri-leads from each regional FYSPRT, state partners serving families and youth, and youth and family organizations.</p>
How can FYSPRT support behavioral health needs of youth and families?	<p>FYSPRT is a unique space where you can expect a safe, collaborative, welcoming environment to share your thoughts, voice, and listen and learn from others. If the regional FYSPRT identifies a recurring behavioral health need that is not able to be addressed, the need can be moved forward to the Statewide FYSPRT using the recurring gaps and needs form.</p>
How do the regional FYSPRTs make a difference?	<p>The collaboration and relationship building within each regional FYSPRT creates a space of connection across regional participants. The information and feedback gathered at the regional FYSPRTs also have the potential to initiate and influence system-wide change. The recurring gaps and needs form initiates a process for the Statewide FYSPRT to address and potentially resolve a need brought forward by a regional FYSPRT. If the Statewide FYSPRT is not able to resolve the recurring need, it can be moved forward to a legislative group, specifically the Youth and Young Adult Continuum of Care (a subgroup</p>

of the [Children and Youth Behavioral Health Work Group](#)) for additional work. FYSVRTs make a difference by welcoming the voice of youth, family, and system partners in sharing strengths and needs regarding behavioral health services for youth.

What can I bring to the FYSVRTs?

Your creative ideas are needed to improve the system that supports families and youth living with behavioral health needs. More voices and perspectives bring more ideas and possibilities for improving services and outcomes for families and youth. Each person attending FYSVRT meetings brings their own living/lived experiences and a unique perspective. Sharing what helped and what hurt on your behavioral health journey can be impactful and remind us that we are not alone.

What is Youth Voice and why are youth so important to this?

Youth Voice is really about what you have to say! As a youth in our community, your lived experience is valuable, and you have the opportunity to impact behavioral health services you receive in your community. Most of all, your voice is valuable because nobody knows you better than you!

What is Family Voice and why are families important to this?

As a parent/caregiver supporting your child/youth/young person, your lived experience as a parent/caregiver is valuable and you have the opportunity to impact behavioral health services your child, youth and family receives in your community.

What topics are FYSVRTs addressing? Where can I get more information about FYSVRTs and how I can get involved?

Since each Regional FYSVRTs answer may be different, please [visit the website for the Regional FYSVRT in your area to get more information](#).

For more information about the regional FYSVRTs and the Statewide FYSVRT, please visit the [FYSVRT webpage](#) posted on the [Health Care Authority](#) website.