



NE Family Youth System Partner Meeting Minutes NE FYSPRT April 17, 2025

Introduction

Increasing Tribal/Diverse Community/Family/Youth Involvement Becky Hammill, Convener

The NE FYSPRT met on April 17, 2025. Becky Hammill convened the meeting via Zoom and welcomed 20 participants with 6 family, tribal, diverse and youth members, and 14 system partners. Ashley James, Youth Tri Lead, Gail Kogle, System Partner Co-Tri Lead, Davina Akiu, System Partner Co-Tri Lead, and Nicole Murphy, Family Tri Lead were present. Gail began the meeting by sharing the acknowledgement that we are living and working on land that originally belonged to the Tribes.

Ashley reviewed the purpose of the regional FYSPRTs

The NE FYSPRT serves as a platform for bringing the voice of youth, families, and system partners together to identify the strengths, challenges, and gaps that exist in the regional behavioral health system of care.

And the NE FYSPRT Values Statement

We work continuously to provide a welcoming meeting environment for all attendees. Questions about the content or process of the NE FYSPRT meetings are welcomed. All who attend are treated with respect and dignity. We value improvement and innovation in publicly funded behavioral health for children, youth, and families.

General NE FYSPRT Business

A. Contract/Compliance – Community Education/Regional Issues/Work Plan Excelsior Wellness Center's Teen Text Line – Kayla Barringer

Kayla provided the NE FYSPRT with an update on the Teen Text line. They have digital flyers with QR codes that are available to download. She explained how the Teen Text line is different from calling 988 in that the individual is able to use the social media modality they are comfortable with, which is texting. The Teen Text line is open Monday through Friday from 9 AM to 8 PM and the line is covered by certified peer counselors who utilize motivational interviewing as an evidence based practice. The number is 844.814.8556. The goal is to help individuals avert crises and the staff can help to make a referral to community resources. The text line is free and anonymous. The individual is asked to share their location in order to find the



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closest possible resources. Resources include physical and behavioral health services in Eastern WA.

Annual Self-Care and Resource Fair

Ashley reminded NE FYSPRT members that the annual Self-Care Fair will be held May 1st at Passages and all NE FYSPRT members were again encouraged to have a booth and to publicize the event to their clients. This event replaces the May NE FYSPRT meeting.

Standing Reports

A. Regional Ombuds

Gail Kogle reported that the Ombuds forum occurs on the 2nd Wednesday of every month in a virtual format. The last forum discussed gaps in services for youth, children and young adults. One new issue raised was the lack of detox beds for youth and young adults in our region. Another gap was the need to have more youth based peer support. The NE Community Center staff indicated they have a youth wellness zone with youth creating projects to present to the Legislature. They include mentoring, adequate peer support, and lack of high acuity inpatient services. Several NE FYSPRT members shared community information and resources.

B. WISe availability. Excelsior and Frontier have openings. The other agencies have wait lists. With summer coming, Davina asked agencies to publicize to NE FYSPRT the resources they have, such as Excelsior's summer camp.

C. WA State Community Connectors. Nicole indicated there are two events this month: the Statewide Family Network Meeting and the 2025 Children's Behavioral Health Summit. Information and registration is on the WSCC website.

NE FYSPRT Regional Issues

A. Regional Issues

One of the suggestions from the NE FYSPRT surveys is to have separate meetings for parents, youth and system partners. Some of the other regional FYSPRTs have separate meetings. This is something the NE FYSPRT could explore. Some comments received indicated that the families don't really know about FYSPRT or don't feel it's a meeting for parents – rather it's for



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agencies. It was also mentioned that many times, parents are on overload and can't take on additional meetings. The Tri-Leads will discuss whether having separate meetings are feasible. Comments included having the providers bring their clients to the meetings, have a local youth forum talking about shelter and safety, and having a parents' forum. Multiple system partners indicated they would participate.

The May event will be the Self-Care Fair on May 1st – with hopefully all partners participating or bringing clients. The next NE FYSPRT meeting will be June 19, 2025.