



## **NE Family Youth System Partner Meeting Minutes NE FYSPRT March 20, 2025**

### **Introduction**

#### **Increasing Tribal/Diverse Community/Family/Youth Involvement Becky Hammill, Convener**

The NE FYSPRT met on March 20, 2025. Becky Hammill convened the meeting via Zoom and welcomed 21 participants with 7 family, tribal, diverse and youth members, and 14 system partners. Ashley James, Youth Co-Tri Lead was present. Ashley began the meeting by sharing the acknowledgement that we are living and working on land that originally belonged to the Tribes.

#### **Ashley reviewed the purpose of the regional FYSPRTs**

The NE FYSPRT serves as a platform for bringing the voice of youth, families, and system partners together to identify the strengths, challenges, and gaps that exist in the regional behavioral health system of care.

#### **And the NE FYSPRT Values Statement**

We work continuously to provide a welcoming meeting environment for all attendees. Questions about the content or process of the NE FYSPRT meetings are welcomed. All who attend are treated with respect and dignity. We value improvement and innovation in publicly funded behavioral health for children, youth, and families.

### **General NE FYSPRT Business**

#### **A. Contract/Compliance – Community Education/Regional Issues/Work Plan Excelsior Wellness Center's Exist Program – Samantha Renner**

Samantha provided an overview of Excelsior's new EXIST Program, which is a co-occurring mental health and substance use treatment program for youth age 14 to 17. The program is 16 weeks and individuals can enroll at any time. Referrals are accepted from any individual or organization, however, the client must be willing to receive services. The program has a capacity of 30 and they currently have openings. Group and individual services are provided throughout the week. A variety of evidence based practices are utilized in a holistic atmosphere. Animal and equine therapy is also available. Samantha will provide marketing materials to Becky for distribution to the group and she can be contacted at [Samantha.renner@excelsiorwellness.org](mailto:Samantha.renner@excelsiorwellness.org).



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**Annual Self-Care and Resource Fair**

Ashley reminded NE FYSPRT members that the annual Self-Care Fair will be held May 1<sup>st</sup> at Passages and all NE FYSPRT members are encouraged to have a booth and to publicize the event to their clients. Confirmed resources include the Range Community Clinic who will have some measles vaccinations available, DSHS Mobile Outreach where individuals can inquire about benefits, enroll for benefits, and obtain ID vouchers and Breast Intensions. The event will be indoors again this year.

**Standing Reports**

Gail, Davina and Nicole are ill and unable to provide reports. Excelsior indicated they have WISe openings. Lutheran and Passages have interest lists.

**NE FYSPRT Regional Issues**

**A. Regional Issues**

Following up on last month's discussion of the shortage of inpatient beds for children and youth, Becky asked if members would participate in a survey that could be presented to the State. She will send out the survey soon. Concern was again expressed about the availability of existing beds and the strict conditions for admission.

**NE FYSPRT Charter**

Becky had sent out the Charter and asked that members provide feedback.

**Announcements:**

- There is a new program in Spokane called SAFE ([raycerudeen.org/SAFE](http://raycerudeen.org/SAFE)) which is Spokane Alliance for Fentanyl Education. Members thought this would be an excellent presentation.
- April's presentation will be from Kayla Barringer regarding the Teen Talk Line
- Eric Dotson shared that the AKIN staff in the office on the west plains will be incorporated into the main building at the NE Community Center.
- Peer Spokane is moving into a larger space at 1222 N Post
- Josh Henderson shared positive comments from the Health Care Authority regarding review of the NE FYSPRT activities. He wanted to let members



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know the information submitted by Becky Hammill is reviewed, both at the County and the State level, and the good work of the NE FYSPRT is acknowledged.

The next meeting will be April 17, 2025 via Zoom.