



**NE Family Youth System Partner Meeting Minutes
NE FYSPRT
July 18, 2024**

Introduction

Increasing Tribal/Diverse Community/Family/Youth Involvement

Becky Hammill, Convener

The NE FYSPRT met on July 18, 2024. Becky Hammill convened the meeting via Zoom and welcomed 31 participants with 12 family, tribal, diverse and youth members, and 19 system partners. Nicole Murphy, Family Tri-Lead and Ashley James, Youth Tri-Lead were present. Ashley began the meeting by sharing the acknowledgement that we are living and working on land that originally belonged to the Tribes.

Ashley reviewed the purpose of the regional FYSPRTs

The NE FYSPRT serves as a platform for bringing the voice of youth, families, and system partners together to identify the strengths, challenges, and gaps that exist in the regional behavioral health system of care.

And the NE FYSPRT Values Statement

We work continuously to provide a welcoming meeting environment for all attendees. Questions about the content or process of the NE FYSPRT meetings are welcomed. All who attend are treated with respect and dignity. We value improvement and innovation in publicly funded behavioral health for children, youth, and families.

General NE FYSPRT Business

**A. Contract/Compliance – Community Education/Regional Issues/Work Plan
Spokane County Regional Children’s Intensive Resources Task Force – Josh
Henderson, Spokane County**

Josh Henderson spoke to the NE FYSPRT members regarding the process for referring children and youth to a higher level of care than the WISE programs can provide. This includes the Children’s Long-Term Inpatient Program (CLIP). The Task Force is comprised of behavioral health experts and cross system partners with the shared goal of assisting youth with complex behavioral health needs through two primary functions: 1) as a consultation resource review panel focused on the identification of applicable behavioral health resources and diversionary interventions to support the youth and family; and 2) a required referral mechanism for all individuals seeking treatment in an inpatient facility. He explained the composition of the task force and what the Children’s Long-term Inpatient Program is and who it serves.



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Josh indicated that the Task Force serves youth throughout the six county Spokane regional service area and referrals can be completed by the legal guardian, mental health provider, or other community system partner. For youth under age 13, the parent/guardian must consent before a Task Force meeting can be held. For youth age 13 and over, the youth must consent. Josh explained the referral process and how the Task Force convenes. He explained what youth and families can expect before and after the Task Force meetings and what happens after the Task Force makes a recommendation.

He shared information on how families are assisted if CLIP is not recommended for a family. For fiscal year 24, the Task Force received 25 referrals and met 21 times. Thirteen youth were recommended for placement in a CLIP facility. Once the Task Force recommends placement, there is a 60-90 day wait list for an opening. Becky had shared Task Force information and referral forms with the NE FYSPRT prior to the meeting for them to provide to families.

The members discussed the closure of the children's unit at Providence and how that will impact children's inpatient behavioral health services in eastern WA with very limited resources now available.

They also discussed the lack of adequate planning time before a youth is discharged from an inpatient facility as well as the need for family peers to be involved in the planning process. Josh indicated the MCO liaisons are involved with the youth/family throughout inpatient stays and should be available for planning purposes with the WISe teams/community providers.

The group also discussed the need for community providers to be able to bill utilizing the rehab case management code while their client is in inpatient status. The need to support the youth and their family while the youth is receiving inpatient care is vital and the families may need financial assistance as well as peer support. Home visits are vital for successful return from inpatient status and are a good time for community providers to be involved.



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Standing Reports

A. Washington State Community Connectors

Nicole Murphy indicated that the Washington State Community Connectors Parent weekend is September 20 through 22 and registration will be coming out soon. She indicated it is an extremely valuable resource for parents/guardians and encouraged all providers to share the information with their families. Financial assistance is provided.

NE FYSPRT Regional Issues

A. October Fall Event

Ashley James discussed the annual NE FYSPRT Trunk or Treat event. Because the Self-Care Fair indoor event was so successful, it is planned to move the Trunk or Treat event indoors also, and include some of the vendors from the Self-Care Fair, such as 2nd Harvest, Range Community Clinic for flu shots, Breast Intentions, etc. if they can participate. The event will be October 29th from 3:30 to 5:00. All NE FYSPRT members are asked to participate with an indoor "trunk" or other type of "booth". There will be raffles again with NE FYSPRT members being asked to donate a gift basket. Vouchers to provide to families in advance to purchase costumes are being explored.

Meeting Evaluation/Next Meeting: Members attending the meeting were asked to complete the NE FYSPRT evaluation. The next meeting is September 19th via Zoom. There is no August meeting.