



**NE Family Youth System Partner Meeting Minutes
NE FYSPRT
April 18, 2024**

Introduction

Increasing Tribal/Diverse Community/Family/Youth Involvement

Becky Hammill, Convener

The NE FYSPRT met on April 18, 2024. Becky Hammill convened the meeting via Zoom and welcomed 33 participants with 11 family, tribal and youth members, and 22 system partners. Gail Kogle, System Partner Co Tri-Lead, Davina Akiu, System Partner Co Tri-Lead, Nicole Murphy, Family Tri-Lead and Ashley James, Youth Tri-Lead were present. Ashley began the meeting by sharing the acknowledgement that we are living and working on land that originally belonged to the Tribes.

Davina reviewed the purpose of the regional FYSPRTs

The NE FYSPRT serves as a platform for bringing the voice of youth, families, and system partners together to identify the strengths, challenges, and gaps that exist in the regional behavioral health system of care.

And the NE FYSPRT Values Statement

We work continuously to provide a welcoming meeting environment for all attendees. Questions about the content or process of the NE FYSPRT meetings are welcomed. All who attend are treated with respect and dignity. We value improvement and innovation in publicly funded behavioral health for children, youth, and families.

General NE FYSPRT Business

**A. Contract/Compliance – Community Education/Regional Issues/Work Plan
Resource Engagement for Adolescents and Children (REACH) Spokane
County Regional Behavioral Health Administrative Services Organization
Stefanie Sorenson, Program Manager**

Stefanie provided an overview of the SCRBH-ASO Youth Navigator Program – REACH. The primary goal of the program is to strengthen service collaboration and access to resources for children and adolescents facing complex behavioral health needs. The priority population served by REACH are children and adolescents experiencing behavioral health crises and their families with priority given to youth in emergency departments or other non-treatment facilities. The goal of the program is to reduce the number of youth accessing emergency departments, focus on early intervention and systematic change. Stefanie shared REACH's mission, vision and values. REACH partners with schools, Child Protective Services, juvenile justice,



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providers, social supports, and others to meet the individual's needs. Their focus is to provide service collaboration through multisystem teams, improve access to care, coordinate existing treatment services for youth, and navigate existing resources with a warm handoff. REACH does not provide treatment, increase bed availability, or coordinate recourses that are unavailable or non-existent. Eligible individuals are those youth with high risk behaviors and/or involved in multiple systems, high utilizers of emergency departments and/or multiple inpatient stays, any individual who would benefit from a multisystem team, and youth who have exhausted services within the community.

Stefanie shared information on how they hope REACH will impact communities and the SCRBH-ASO service region. She provided information on how to make referrals to the program. She asked WISE providers and partners to communicate what they might be missing in the continuum of care.

B. Contractual WISE Data Report

Davina Akiu, System Partner Co Tri-Lead

IFD has two openings and Excelsior also has openings. Passages and Lutheran are full with interest lists as is Pend Oreille.

C. Regional Issues

Office of the Behavioral Health Advocacy

Gail reported that she is primarily getting contacts from adult individuals during this time of year, but referrals from families will increase in the summer.

Washington State Community Connectors

Nicole Murphy provided information on events hosted by WSCC including:

- Monthly meetings that occur on the 3rd Wednesday of the month at 6 PM (virtual).
- The Children's Behavioral Health Summit is May 6th in Wenatchee.
- SUD Family Navigator Training is open to anyone affected by substance abuse in their family and it's from May 20-23 9 AM to 1 PM each day (virtual).



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- A children's services workshop looking at barriers and gaps will occur on May 20th in an open forum format at noon.
- A CLIP support group in Spokane is being planned

Jasmine Martinez discussed the Parents Empowering Parents workshops which will occur in Spokane hosted by Passages. It is grass roots training to let parents know they're not alone, and provides interactive training such as looking at natural supports. Jasmine has a new session planned that explores relooking at moments that all the plates families juggle and deciding which are glass plates, which are paper plates and which are Frisbees...The Parents Empowering Parents classes are going to be from 9 to 2 and parents will have the opportunity to connect with NE FYSPRT and other resources. These will be in person events and begin on May 9th. The flyer explains how to register.

NE FYSPRT Self-Care and Resource Fair May 16

Ashley James discussed with the FYSPRT members the upcoming Self-Care and Resource Fair on May 16. There are over 30 confirmed vendors, including 2nd Harvest Mobile Market, Range Community Clinic, Breast Impressions, and free phones for those who bring ID and proof of benefits. Estefania with Spark Peer Learning indicated they would like to be a vendor.

Evaluation Feedback

In the meeting evaluations, several suggestions were made:

- Emily Program presentation
- SMS presentation
- Discussions with the SCHBH-ASO CLIP staff member
- A central place for resources on the NE FYSPRT website

The members present voted to request a representative from the Emily Program present at the next meeting.

Kalen Roy indicated that Josh Henderson would be available to discuss the CLIP program.

Becky indicated that because resources continually change and with no dedicated full time webmaster, trying to manage a resource page on the NE FYSPRT website would not be possible. The WA State Community Connectors



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is a great place to identify resources. Also DAC NEW (erin@dacnw.org – 509.606.4639) is a resource.

What's new of interest in the community

- Erin indicated there are three rural town halls focusing on transportation May 1st in Ritzville, May 3rd in Newport, and May 8th in Davenport
- The PRIDE event is July 27th – Erin will share the flyer
- Gail indicated the monthly behavioral health forum topics have focused on gaps in services and future topics include services for those individuals being released from incarceration or deferred prosecution and she wants youth involved in the discussions. May is Mental Health Month. gail@obhadvocacy.org 509.655.2839
- Estefania with Spark Peer Learning spoke about their organization which focuses on providing youth peers an opportunity to share and Becky introduced Carolyn Cox with Spark Peer Learning who has been granted a contract to establish a statewide youth group which will begin networking with families and youth in all regions. A focus will be youth in the workforce, getting the training and support they need. Another focus will be establishing leadership training for youth 13-18 so that the youth learn to share their voice with legislative leaders. The kickoff will be in September.

Meeting Evaluation/Next Meeting: Members attending the meeting were asked to complete the NE FYSPRT evaluation.

The next meeting is the Self-Care and Resource Fair on May 16th.