



**NE Family Youth System Partner Meeting Minutes  
NE FYSPRT  
March 21, 2024**

**Introduction**

**Increasing Tribal/Diverse Community/Family/Youth Involvement**

**Becky Hammill, Convener**

The NE FYSPRT met on March 21, 2024. Becky Hammill convened the meeting via Zoom and welcomed 25 participants with 9 family, tribal and youth members, and 16 system partners. Gail Kogle, System Partner Co Tri-Lead, Davina Akiu, System Partner Co Tri-Lead, Nicole Murphy, Family Tri-Lead and Ashley James, Youth Tri-Lead were present. Davina began the meeting by sharing the acknowledgement that we are living and working on land that originally belonged to the Tribes.

**Davina reviewed the purpose of the regional FYSPRTs**

The NE FYSPRT serves as a platform for bringing the voice of youth, families, and system partners together to identify the strengths, challenges, and gaps that exist in the regional behavioral health system of care.

**And the NE FYSPRT Values Statement**

We work continuously to provide a welcoming meeting environment for all attendees. Questions about the content or process of the NE FYSPRT meetings are welcomed. All who attend are treated with respect and dignity. We value improvement and innovation in publicly funded behavioral health for children, youth, and families.

**General NE FYSPRT Business**

**A. Contract/Compliance – Community Education/Regional Issues/Work Plan  
New Journeys Program, Frontier Behavioral Health**

Amanda Boyer provided information to NE FYSPRT regarding this program that began in Washington State in 2015 and in Spokane in 2021. It is a program for individuals who are experiencing their first episode of psychosis. She provided information to the group regarding myths about psychosis, signs and symptoms of emerging psychosis, positive and negative symptoms as well as the importance of beginning treatment within the first three months of the first episode. The New Journeys program is based on the New Jersey Navigate program and they are partners with the Health Care Authority, University of WA (implementation team) and Washington State University (research and evaluation team). Amanda provided information on their treatment modalities including therapy, medication management, peer



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support, case management, individual resiliency training, family education, and supported education and employment.

Amanda indicated they now have two teams and there is no wait list. Individuals can self-refer or family members or agencies can refer. She will share the referral form with Becky for distribution to the members.

**B. Contractual WISE Data Report**

**Davina Akiu, System Partner Co Tri-Lead**

Most WISE programs are full with the exception of Excelsior and Frontier Behavioral Health. IFD has one opening.

**C. Regional Issues**

**Office of the Behavioral Health Advocacy update regarding Children's Long-Term Inpatient Program (CLIP) forum**

Gail Kogle, OBHA Ombuds, indicated that she continued the discussion regarding gaps in services for youth including lack of continuity in care for individuals who are leaving Children's Long-term Inpatient placement (CLIP). There are insufficient facilities and respite beds yet the need remains high. She also indicated that needs for BIOPOC and neuro-divergent individuals are lacking in community settings. Lack of services in rural communities continues to be a barrier for many in eastern WA with the only services being available in Spokane. There are service silos with families/youth getting services in one area but not in others where they're needed. Gail asked providers, parents and youth to continue to provide her with information on gaps as well as what's going well. Becky will initiate a discussion at the State-wide FYSPRT meeting.

**NE FYSPRT Self-Care and Resource Fair May 16**

Ashley James discussed with the FYSPRT members the upcoming Self-Care and Resource Fair on May 16. How to get the information to provider clients was discussed and NE FYSPRT members having booths at the fair. Becky reminded all providers that bringing clients to the event, and discussing the resources available to them, was a peer service. Several members shared how they were promoting the event to their clients. Paper and electronic flyers are available and can be delivered to members by NE FYSPRT tri-leads.



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**Other Member Comments**

- Passages held a Parent/Youth Bingo in March and asked families what was working in the community and what was not working. This brings the family voice back into all events and is recommended for all agencies.
- A potential presenter is OliverCrest which provides private foster care and respite.
- Gail asked providers to contact her if families are having difficulty with CLIP discharges and she will attempt to assist.
- Kayla Barringer with Excelsior indicated that Lifepoint has moved into two units and now has capacity for males age 16 ½ to 21.
- There continues to be lack of respite beds for youth.
- Passages has openings at the Termonn Peer Respite which is available for adults including WISE parents who are eligible for Medicaid.

**Meeting Evaluation/Next Meeting:** Members attending the meeting were asked to complete the NE FYSPRT evaluation. There were no attendees in person other than Passages employees and members were asked to indicate their preference in the evaluation.

Next meeting will be April 18, 2024.