

Aim Statements from Strategic Plan

1. The NE FYSPRT will work continuously through activities identified in the annual work plan to achieve on average 51% family and youth representation.

Milestones /Activities for Aim Statement #1

Milestone/Activities	Expected Outcome	Expected Completion Date	NE FYSPRT Leads
<p><u>Milestone:</u> Increase Youth Involvement</p> <p><u>Activities:</u> Continue to ramp up social media presence Continue to participate in free TA with Youth Move offered by HCA. As resources/ time allow, host an annual Self-Care Fair and include promotional materials that will appeal to youth. Continue to include Passages' YOUth group in NE FYSPRT conversations. Hold at minimum two youth only events to initiate two-way conversations in which youth learn about NE FYSPRT and the NE FYSPRT youth lead learns from youth what they perceive as the strengths and challenges of the publicly funded behavioral health system.</p> <p><u>Update 06-30-23</u> The NE FYSPRT will be holding a "Back to School" event in August 2023 for children and youth during which we will conduct a survey to gather information on how best to involve families and youth in the NE FYSPRT.</p> <p><u>Update 09-30-23</u> The "Back to School Event" was held and a survey was conducted.</p>	Increased engagement from youth as evidenced by engagement in Youth N' Action and the NE FYSPRT meetings and activities.	12-31-2024	Youth Tri-lead

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<p><u>Update 12-31-23</u></p> <p>In October we held a parent/youth Trunk or Treat event and given the nature of the event, we did not conduct a survey.</p>			
<p><u>Milestone</u></p> <p>Increase Family Involvement</p> <p><u>Activity</u></p> <p>Encourage providers who attend the NE FYSPRT to invite the families they serve to participate in the NE FYSPRT.</p> <p>Hold at minimum two gatherings for parents/caregivers to initiate two-way conversations in which parents/caregivers learn about the NE FYSPRT and the NE FYSPRT family and system partner leads learn from parents/caregivers what they perceive as the strengths and challenges in the system.</p> <p><u>Update 06-30-23</u></p> <p>The NE FYSPRT will be holding a "Back to School" event in August 2023 for children and youth during which we will conduct a survey to gather information on how best to involve families and youth in the NE FYSPRT.</p> <p><u>Update 09-30-23</u></p> <p>The "Back to School" event was held in August and parents and youth indicated the time of day that the event is held precludes their involvement. They would prefer we meet after 5:00 pm or on Saturday.</p> <p><u>Update 12-31-23</u></p> <p>In October we held a parent/youth Trunk or Treat event and given the nature of the event, we did not conduct a survey.</p>	<p>Increase participation from parent/caregivers as evidenced by attendance at NE FYSPRT meetings, activities, and support groups offered at Passages.</p>	<p>12-31-2024</p>	<p>Family System Partner</p>
<p><u>Milestone:</u></p> <p>Outreach to family and youth</p>		<p>12-31-2024</p>	<p>Tri-Leads</p>

Activities

As time allows due to workforce shortages, tri-leads to connect with family & child serving social service agencies outside of those providing behavioral health services (i.e., YMCA and YWCA)

As time allows due to workforce shortages, place marketing materials in schools and outreach to school counselors.

As resources/time allow, host a Self-Care Fair that will include access to the mobile food bank, vaccinations, and other promotional materials that will appeal to parents and caregivers.

Update 03-31-2023

The Passages' YOUth group meets weekly and brings issues to the NE FYSPRT. Weekly, we post to the NE FYSPRT social media site and while we note that there is online engagement, this does not convert to individuals who are willing to attend the monthly meetings.

In early March, due to weather we had to cancel a planned parent/caregiver/youth NE FYSPRT dinner and information night. Construction at Passages is creating access issues from April through May; so, another event will be planned in early summer.

Update 06-30-2023

Due to ongoing construction at Passages that did not end until June 30, 2023, we will not be able to hold a Self-Care Fair given the extreme heat and wild fire smoke NE Spokane experiences in July and August.

Outreach to families and youth was conducted this quarter by attendance of the NE FYSPRT tri-lead at the annual Pride Month Event in Spokane. Information about the NE FYSPRT was distributed to over 200 individuals. Additionally, 100 NE FYSPRT brochures were handed out at the annual Washington Behavioral Health Conference in June.

Increased awareness about the NE FYSPRT in agencies that are not directly providing behavioral health services through community events.

<p><u>Update 09-30-23</u></p> <p>Outreach activities this quarter include attendance at Disability Awareness, Goodwill Resource Fair at a local high school, Spokane County Fair, and Spokane Impact behavioral health resource fair.</p> <p><u>Update 12-31-23</u></p> <p>We held a parent/youth event in October and 35 NE FYSPRT swag bags were handed out. In December the youth tri-lead attend the "Parade of Lights" an annual suicide awareness event held in Spokane Valley, WA and organized by a high school youth. Approximately 50 NE FYSPRT swag bags were handed out at the event.</p>			
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2. Through activities identified in the annual work plan, the NE FYSPRT will work to address challenges and barriers that preclude the participation of rural, minority and tribal communities in the NE FYSPRT
Milestones /Activities for Aim Statement #2

Milestone/Activities	Expected Outcome	Expected Completion Date	NE FYSPRT Leads
<p><u>Milestone:</u></p> <p>Engagement of minority & tribal communities</p> <p><u>Activities:</u></p> <p>As time allows due to workforce shortages, outreach to BHA's serving diverse populations</p> <p>Work with the Eastern Washington Tribal liaison</p> <p>As resources/time allow, host a Self-Care Fair that will include access to the mobile food bank, vaccinations, and other promotional materials that will appeal to parents and caregivers who identify as coming from communities of color.</p> <p><u>Update 03-31-2023</u></p>	<p>Increase the diverse populations that either present at the NE FYSPRT or chose to attend the NE FYSPRT meetings</p>	<p>12-31-2024</p>	<p>Convener & Tri-Leads</p>

<p>During this reporting period, the NE FYSPRT youth tri-lead and youth CPC's from Passages hosted a resource booth at the annual Spokane County Homeless Connect Resource Fair. Attendance was high for individuals who identify as part of BIOPC communities.</p> <p><u>Update 06-30-2023</u></p> <p>The NE FYSPRT youth tri-lead represented the NE FYSPRT at the annual Pride Event in Spokane in June 2023.</p> <p><u>Update 09-30-23</u></p> <p>A system partner from the Colville tribe in Nespelem has joined the NE FYSPRT.</p> <p><u>Update 12-31-23</u></p> <p>In late December the convener was contacted by the program manager for a local native-run program, "New Nations Developed". Staff from "New Nations Developed" have asked to become part of the NE FYSPRT and to present at the January 2024 meeting of the NE FYSPRT.</p>			
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- 3. The NE FYSPRT will address Access to Care and behavioral health system issues identified through the annual needs assessment, the annual work plan, and by those who participate in the NE FYSPRT.**

Milestones /Activities for Aim Statement #3

Milestones/Activities	Expected Outcome	Expected Completion Date	NE FYSPRT Leads
<p><u>Milestone:</u></p> <p>Local system of care providers are better informed on how to work with LGBTQ+ & questioning youth</p> <p><u>Activities</u></p> <p>Pass this need to the Statewide FYSPRT</p> <p>Share this need with the Spokane County BHASO</p>	<p>Survey results will reflect that NE FYSPRT attendees perceive local BHA providers as more educated and sensitive to the needs of LGBTQ+ youth.</p>	<p>12-31-2024</p>	<p>Tri-leads & Convener</p>

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Research local experts that could be invited to share information at a FYSPRT meeting,			
<p><u>Milestone:</u></p> <p>NE FYSPRT members will be aware of behavioral health changes occurring in the local system of care that impact youth and families accessing services</p> <p><u>Activities:</u></p> <p>BHA's that are implementing enhanced crisis services will be invited to speak at the NE FYSPRT.</p> <p>BHA's that receive funds to implement new programs that impact children and youth will be invited to present at the NE FYSPRT</p> <p><u>Update 06-30-2023</u></p> <p>At every monthly meeting of the NE FYSPRT during this funding cycle, we have had a presentation on a program or service that provides clinical, peer, or social support to children, youth, and families who access publicly funded behavioral health services.</p> <p><u>Update 09-30-2023</u></p> <p>The September meeting of the NE FYSPRT included a presentation by Frontier Behavioral Health's crisis team lead. The topic was the new 988 system.</p> <p><u>Update 12-31-23</u></p> <p>The NE FYSPRT youth tri-lead has connected with a local group Spectrum Center Spokane currently offers two support groups for 2SLGBTQIA+, one for ages 13-17 and one for 18+. Each group meets twice a month and we hope to have the Spectrum Center present at a monthly NE FYSPRT meeting.</p>		12-31-2024	Tri-leads & Convener
<u>Milestone:</u>	Increased community awareness and public profile of	12-31-24	Tri-leads &

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<p>Targeted outreach to diverse and rural communities</p> <p><u>Activities:</u></p> <p>Attend public events appropriate for marketing the NE FYSPRT, especially those events that include diverse and rural populations.</p> <p><u>Update 06-30-23</u></p> <p>The NE FYSPRT youth lead represented the NE FYSPRT at the annual Pride Event and the youth, system, and community leads attended the annual "Say It Outloud" conference in Spokane.</p> <p><u>Update 12-31-23</u></p> <p>Connection with the Spectrum Center and "New Nations Developed".</p>	the NE FYSPRT with rural and diverse populations.		Convener
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Milestones/Activities	Expected Outcome	Expected Completion Date	NE FYSPRT Leads
<p><u>Milestone:</u></p> <p>The NE FYSPRT will identify within the publicly funded behavioral health system strengths and challenges</p> <p><u>Activities:</u></p> <p>Maintain as a standing agenda item open discussion regarding system strengths and challenges.</p> <p>Maintain the email contact on the NE FYSPRT website such that current or new members can contact the convener at any time with a concern.</p> <p>Conduct annual needs assessment and utilize content to update work plan.</p>	The NE FYSPRT functions as a change agent within the publicly funded behavioral health system.	12-31-24	Tri-Leads & Convener & Tri-Leads

Update 03-31-2023

During this reporting period, representatives from three new and innovative programs for children and youth presented at the NE FYSPRT meetings.

As part of the monthly discussion regarding strengths and challenges in the local system, the Medicaid funded transportation vendor, Special Mobility Services (SMS) was once again identified as having unsafe practices when picking up and dropping off children and youth accessing Apple Health funded behavioral health services. Providers who have tried to work with SMS to resolve these issues report unsatisfactory resolution including not receiving support from the HCA identified Medicaid transportation manager.

Update 06-30-23

A formal Challenges & Solutions form was submitted to the Sate FYSPRT regarding the continued safety issues brought forward regarding SMS.

Update 09-30-23

The SMS issue was vetted at the State FYRT and underfunding of the program was presented as the basis for many of the issues. A local SMS employee is attending the NE FYSRT meetings. While improvements have been minimal, the SMS employee agrees improvements need to occur.

Update 12-31-23

SMS update- As per a notice from the State FYSPRT, there is an additional funding package proposed for the Medicaid Transportation program. As per staff that manage the Medicaid Transportation program at HCA, the additional funding should help to eliminate some of the issues of concern that were brought forward by the NE FYSPRT. It is also noted that anecdotal reports from local providers indicate improvements in the local SMS Medicaid funded broker of transportation services.

4. The NE FYSPRT will engage in consistent quality improvement by addressing strengths, challenges, and suggestions for improvement to the NE FYSPRT.

Milestones/Activities	Expected Outcome	Expected Completion Date	NE FYSPRT Leads
<p><u>Milestone:</u> NE FYSPRT participants understand how to provide feedback regarding all aspects of the NE FYSPRT.</p> <p><u>Activities</u> Activity based events for specific populations that attend the NE FYSPRT during which feedback is solicited on how to improve the NE FYSPRT such that attendance is meaningful.</p> <p>After every meeting of the NE FYSPRT have available a survey and support completion of the survey with a \$25.00 gift card.</p> <p><u>Update 03-31-2023</u> Overall, satisfaction with the NE FYSPRT is reported as high with all members aware that we all need to find means to connect with families and youth. Regular attendees are anxious to resume in-person meetings.</p> <p><u>Update 06-30-23</u> Based on feedback from the NE FYSPRT membership, we are resuming in-person meetings with a Zoom option effective 07-2023. Through feedback obtained from after meeting surveys, members have identified topics and programs they would like to present at the NE FYSPRT.</p> <p><u>Update 09-30-23</u> After each meeting we have a survey available and topics brought forward this quarter include:</p>	NE FYSPRT participants are actively involved in the shaping of the NE FYSPRT	12-31-24	Tri-leads & Convener

<p>Like the hybrid meeting option</p> <p>Members would like presentation from agencies providing resources for transitional age youth and someone from the local police department to discuss how the use of fentanyl is negatively impacting youth.</p> <p><u>Update 12-31-23</u></p> <p>Results from surveys indicate a high satisfaction with the content and format of NE FYSPRT meetings. Consistently, it is noted that we could use a stronger parent/youth voice. Relevant and appropriate topics are also suggested for the educational portion of each monthly meeting.</p>			
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