

**NE FYSPRT WORK PLAN 01-01-2023 through 12-31-2024**

**Aim Statements from Strategic Plan**

- 1. The NE FYSPRT will work continuously through activities identified in the annual work plan to achieve on average 51% family and youth representation.**

**Milestones /Activities for Aim Statement #1**

<b>Milestone/Activities</b>	<b>Expected Outcome</b>	<b>Expected Completion Date</b>	<b>NE FYSPRT Leads</b>
<p><b><u>Milestone:</u></b> Increase Youth Involvement</p> <p><b><u>Activities:</u></b> Continue to ramp up social media presence Continue to participate in free TA with Youth Move offered by HCA. As resources/ time allow, host an annual Self-Care Fair and include promotional materials that will appeal to youth. Continue to include Passages' YOUth group in NE FYSPRT conversations. Hold at minimum two youth only events to initiate two-way conversations in which youth learn about NE FYSPRT and the NE FYSPRT youth lead learns from youth what they perceive as the strengths and challenges of the publicly funded behavioral health system.</p>	<p>Increased engagement from youth as evidenced by engagement in Youth N' Action and the NE FYSPRT meetings and activities.</p>	<p>12-31-2024</p>	<p>Youth Tri-lead</p>

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<p><b><u>Milestone</u></b> Increase Family Involvement</p> <p><b><u>Activity</u></b> Encourage providers who attend the NE FYSPRT to invite the families they serve to participate in the NE FYSPRT.</p> <p>Hold at minimum two gatherings for parents/caregivers to initiate two-way conversations in which parents/caregivers learn about the NE FYSPRT and the NE FYSPRT family and system partner leads learn from parents/caregivers what they perceive as the strengths and challenges in the system.</p>	<p>Increase participation from parent/caregivers as evidenced by attendance at NE FYSPRT meetings, activities, and support groups offered at Passages.</p>	<p>12-31-2024</p>	<p>Family System Partner</p>
<p><b><u>Milestone:</u></b> Outreach to family and youth</p> <p><b><u>Activities</u></b> As time allows due to workforce shortages, tri-leads to connect with family &amp; child serving social service agencies outside of those providing behavioral health services (i.e., YMCA and YWCA)</p> <p>As time allows due to workforce shortages, place marketing materials in schools and outreach to school counselors.</p> <p>As resources/time allow, host a Self-Care Fair that will include access to the mobile food bank, vaccinations, and other promotional materials that will appeal to parents and caregivers.</p>	<p>Increased awareness about the NE FYSPRT in agencies that are not directly providing behavioral health services through community events.</p>	<p>12-31-2024</p>	<p>Tri-Leads</p>

**2. Through activities identified in the annual work plan, the NE FYSPRT will work to address challenges and barriers that preclude the participation of rural, minority and tribal communities in the NE FYSPRT  
Milestones /Activities for Aim Statement #2**

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<b>Milestone/Activities</b>	<b>Expected Outcome</b>	<b>Expected Completion Date</b>	<b>NE FYSPRT Leads</b>
<p><b><u>Milestone:</u></b> Engagement of minority &amp; tribal communities</p> <p><b><u>Activities:</u></b> As time allows due to workforce shortages, outreach to BHA's serving diverse populations Work with the Eastern Washington Tribal liaison As resources/time allow, host a Self-Care Fair that will include access to the mobile food bank, vaccinations, and other promotional materials that will appeal to parents and caregivers who identify as coming from communities of color.</p>	<p>Increase the diverse populations that either present at the NE FYSPRT or chose to attend the NE FYSPRT meetings</p>	<p>12-31-2024</p>	<p>Convener &amp; Tri-Leads</p>

**3. The NE FYSPRT will address Access to Care and behavioral health system issues identified through the annual needs assessment, the annual work plan, and by those who participate in the NE FYSPRT.**

**Milestones /Activities for Aim Statement #3**

<b>Milestones/Activities</b>	<b>Expected Outcome</b>	<b>Expected Completion Date</b>	<b>NE FYSPRT Leads</b>
<p><b><u>Milestone:</u></b> Local system of care providers are better informed on how to work with LBGTQ+ &amp; questioning youth</p> <p><b><u>Activities</u></b> Pass this need to the Statewide FYSPRT Share this need with the Spokane County BHASO Research local experts that could be invited to share information at a FYSPRT meeting,</p>	<p>Survey results will reflect that NE FYSPRT attendees perceive local BHA providers as more educated and sensitive to the needs of LBGTQ+ youth.</p>	<p>12-31-2024</p>	<p>Tri-leads &amp; Convener</p>

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<p><b><u>Milestone:</u></b> NE FYSPRT members will be aware of behavioral health changes occurring in the local system of care that impact youth and families accessing services</p> <p><b><u>Activities:</u></b> BHA's that are implementing enhanced crisis services will be invited to speak at the NE FYSPRT. BHA's that receive funds to implement new programs that impact children and youth will be invited to present at the NE FYSPRT</p>		12-31-2024	Tri-leads & Convener
<p><b><u>Milestone:</u></b> Targeted outreach to diverse and rural communities</p> <p><b><u>Activities:</u></b> Attend public events appropriate for marketing the NE FYSPRT, especially those events that include diverse and rural populations.</p>	Increased community awareness and public profile of the NE FYSPRT with rural and diverse populations.	12-31-24	Tri-leads & Convener

<b>Milestones/Activities</b>	<b>Expected Outcome</b>	<b>Expected Completion Date</b>	<b>NE FYSPRT Leads</b>
<p><b><u>Milestone:</u></b> The NE FYSPRT will identify within the publicly funded behavioral health system strengths and challenges</p> <p><b><u>Activities:</u></b></p>	The NE FYSPRT functions as a change agent within the publicly funded behavioral health system.	12-31-24	Tri-Leads & Convener & Tri-

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<p>Maintain as a standing agenda item open discussion regarding system strengths and challenges.</p> <p>Maintain the email contact on the NE FYSPRT website such that current or new members can contact the convener at any time with a concern.</p> <p>Conduct annual needs assessment and utilize content to update work plan.</p>			Leads
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**4. The NE FYSPRT will engage in consistent quality improvement by addressing strengths, challenges, and suggestions for improvement to the NE FYSPRT.**

<b>Milestones/Activities</b>	<b>Expected Outcome</b>	<b>Expected Completion Date</b>	<b>NE FYSPRT Leads</b>
<p><b><u>Milestone:</u></b> NE FYSPRT participants understand how to provide feedback regarding all aspects of the NE FYSPRT.</p> <p><b><u>Activities</u></b> Activity based events for specific populations that attend the NE FYSPRT during which feedback is solicited on how to improve the NE FYSPRT such that attendance is meaningful.</p> <p>After every meeting of the NE FYSPRT have available a survey and support completion of the survey with a \$25.00 gift card.</p>	NE FYSPRT participants are actively involved in the shaping of the NE FYSPRT	12-31-24	Tri-leads & Convener