



**NE Family Youth System Partner Meeting Minutes
NE FYSPRT
January 19, 2023**

Introduction

Increasing Tribal/Diverse Community/Family/Youth Involvement

Becky Hammill, Convener

The NE FYSPRT met on January 19, 2023. Becky Hammill convened the meeting via Zoom and welcomed 27 attendees with 9 family, tribal and youth members, and 18 system partners. Ashley James, Youth Tri-Lead, Davina Akiu, System Partner Co Tri-Lead, Gail Kogle, System Partner Co Tri-Lead, and Liz Lafrance, Family Tri-Lead were present. Gail began the meeting by sharing the acknowledgement that we are living and working on land that originally belonged to the Tribes.

General NE FYSPRT Business

A. Contract/Compliance – Community Education/Regional Issues/Work Plan

Imagine by Northpoint

Gabriel Minchow, Outreach Specialist

Mr. Minchow provided the NE FYSPRT members with an overview of a new program beginning in Spokane. IMAGINE provides partial hospitalization and intensive outpatient mental health and substance use disorder services to adolescents ages 13-17. The modalities include cognitive and dialectical behavior therapies, crisis intervention, relationship counseling, psychotherapy, and art and music therapy. Mr. Minchow also shared that they also have adult programs. Referrals are being received mostly from the schools. They currently have a capacity of 28 for the Imagine Program and have 18 clients at this point. Individuals can self-refer. Imagine's goal is to have the client entered into the program within 72 hours of the initial call. Most insurances are covered but they are not able to provide services to individuals with Medicaid at this time.

Mr. Minchow was thanked for his presentation and for joining NE FYSPRT. His contact information was provided to members: gminchow@northpointrecovery.com; 509.496.5303.

C. Contractual WISE Data Report

Davina Akiu, System Partner Co Tri-Lead

Davina indicated that the numbers for December were lower due to less engagement by families during the holidays. All WISE providers have openings at this point in time. The WISE referral has been revised so that the family only selects the agencies where they wish to receive services. If that agency is full, they will assist the family to explore other organizations. This way, the family is not contacted by all agencies who have openings.



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D. Regional Issues

Washington State Community Connectors Liz Lafrance. Liz gave a report on the training WSCC is planning for 2023 and the Children's Behavioral Health Summit that's occurring the 1st week of May.

Office of Behavioral Health Advocacy Gail Kogle. Gail indicated the Spokane OBHA is implementing a monthly open forum. These sessions will occur on the 2nd Wednesday of each month from 4 to 6 PM via Zoom. Meeting info: ID 95834671115; password Welcome!. For more information, contact Gail at spokane@obhadvocacy.org or call 509.655.2839.

Resources for behavioral health issues

Margaret Blum asked where she might find information on resources relating to behavioral health care. The NE FYSPRT members discussed the current legislative session and recommended contacting individual Legislators as well as the Spokane County Commissioners. Zia Freeman shared information regarding trainings Coordinated Care provides in the community. Spokane Homeless Coalition was identified, as well as Better Health Together and the Spokane County Behavioral Health Steering Committee.

SMS

Issues with SMS inappropriately dropping off adolescents continue to be a concern. A family did file a complaint, but there's no indication that a response has been provided and no changes have been implemented.

Meeting Evaluation/Next Meeting

Members attending today's meeting were asked to complete the NE FYSPRT evaluation. The next meeting will be February 16, 2023 via Zoom.