The NE FYSPRT hosted a Resource and Self-Care Fair at Passages Family Support’s campus on June 1, 2022 from 1:00 to 4:30 pm. The Self-Care & Resource Fair was funded with General State Funds from the NE FYSPRT contract with Spokane County and in-kind donations from Passages Family Support.

The Self-Care & Resource Fair is identified in the NE FYSPRT 21-22 work plan as an activity to meet youth, family, and tribal engagement including addressing health care inequities as part of the diversity, equity, and inclusion milestone.

Becky Hammill, NE FYSPRT convener, and the NE FYSPRT Tri-Leads Gail Kogle and Davina York were present.

Thirty-six organizations were on site at the fair and all provided resource materials and information to attendees. In addition to Passages, two other peer-operated organizations were on site, Washington State Community Connectors and Peer Spokane. NE FYSPRT System Partners were well represented.

2nd Harvest provided a mobile food market with over 175 families receiving food between 2:00-4:00 pm.

WSU Range Community Clinic provided vaccination and booster clinic as well as health screenings for individuals.

Chair massage was provided free of charge by a licensed massage therapist.

Participants: 142 individuals signed in with
16 Youth
19 Parents with families
4 Tribal
25 System Partners/Agencies
78 Adults

Thirty-six vendors representing NE FYSPRT system partners and other community organizations provided a variety of activities and opportunities for individuals.

All participants provided very positive and complimentary verbal feedback indicating it was well worth their time and that Passages and the NE FYSPRT had
exceeded their expectations. Individuals expressed appreciation for the information and gratitude for having this opportunity to learn about such a large array of resources.

Five participants requested more information on NE FYSPRT and the Tri Leads will be following up with them.

Becky Hammill, Convener, and the tri-leads will debrief with the NE FYSPRT Planning Committee and NE FYSPRT members at large to identify enhancements for the 3rd Annual Resource and Self-Care Fair in 2023.