



**NE Family Youth System Partner Meeting Minutes
NE FYSPRT
May 20, 2021**

Introduction

Increasing Tribal/Diverse Community/Family/Youth Involvement

Helen Franklin, Family Tri-Lead

The NE FYSPRT met on May 20, 2021. Becky Hammill convened the meeting via Zoom. Tri-leads Ashley James (Youth Tri-Lead) and Helen Franklin (Family Tri-Lead) were present. Helen welcomed thirty-one (31) attendees with 10 family and youth members, 1 Tribal member and 20 system partners. Helen began the meeting by sharing the acknowledgement that we are living and working on land that originally belonged to the Tribes. Becky reminded the members that there is a position open for System Partner Tri-Lead for those interested. Ashley and Helen shared the benefits they receive from participating as a Tri-Lead. Please contact Becky for more information. Erin Zerba was congratulated on her new position as the WISe Coordinator for Stevens, Ferry and Lincoln Counties. A suggestion was made to bring the youth in those counties together with Spokane County youth to share experiences once the state is re-opened.

A video was shown of Passages' youth participating in a SAMHSA "Flip the Switch" presentation. Members expressed congratulations to the youth for a job well done.

General NE FYSPRT Business

Contract/Compliance – Community Education

Inpatient Psychiatric Hospital admission processes – Katherine Morris and Deborah Hjortedal from Providence Sacred Heart Medical Center and Jamie Valdez with Inland Northwest Behavioral Health

Jamie, Deb and Katie provided information to NE FYSPRT members about the admitting processes for both inpatient hospitals. As with many behavioral health providers, INBH and SHMC are experiencing a workforce shortage, which limits the number of beds available for adults and children. Currently, INBH is limiting their available beds to 45 for adults and 16 for children. Jamie stated that INBH does not utilize peer counselors but it is a subject they are interested in exploring in the future. Katie and Deb shared that on any given day, there are approximately 25-30 individuals with behavioral health challenges in the Emergency Department who present a risk of harm and it is not safe to allow them to leave. All inpatient units throughout the area are full. At SHMC's Emergency Department, there are 44 beds. With 25-30 being utilized for those with behavioral health challenges, only 19 are available for medical



NE Family Youth System Partner Meeting Minutes
NE FYSPRT
May 20, 2021

emergencies. Both agencies indicated they cannot hold beds, but stressed the need for continual communication when providers have a client who is in need of inpatient services immediately. The NE FYSPRT members asked what information the hospitals needed from providers and the expectations for continuity of care when an individual needs inpatient services. SHMC asked that providers call the ED to let them know an individual is coming and why. And especially share any imminent risk, whether the individual is experiencing psychosis and give them information on contacts who they can call for more information. Katie and Deb also shared the steps they take to ensure parent engagement when a child is ready for discharge but the parent cannot be reached. In response to a question regarding data, Katherine provided a contact at SHMC for data on length of stay. Katie explained Sacred Heart's outpatient programs (BEST and RISE) and the restrictions they've worked with during COVID19 to ensure individual safety. They are hoping to increase capacity soon.

Regional Issues

NE FYSPRT Self-Care Fair

The NE FYSPRT Self-Care Fair is scheduled for June 24th. NE FYSPRT members were asked to participate in person if at all possible and if not, to provide program information for participants to take home. Flyers to provide to member agency clients will be published in the next week. The June NE FYSPRT meeting will be the Self-Care Fair. COVID19 vaccinations will be available and the flyer will include information on making an appointments. 2nd Harvest will also be present with their mobile market.

Medicaid Funded Transportation – members expressed that there continues to be issues with children not being safely transported. Passages experienced a situation where a child was not picked up at school for transport to Passages and the subsequent effort to get the child from school which was closing for the day. Holly Chilnski with SMS is the contact person to express concerns. hollyc@specialmobility.org is her contact information. Members stated that parents need to also contact SMS with their concerns. Becky indicated that this issue has been expressed at the state level regarding a variety of contracted vendors and they will continue to bring the issue to the table.

First Episode Psychosis Clinic is opening in Spokane and they will be asked to present to NE FYSPRT.



**NE Family Youth System Partner Meeting Minutes
NE FYSPRT
May 20, 2021**

April Thompson reported that a new respite is opening - Maddie's place. Maddie's Place exists to provide specialized care to infants suffering from Neonatal Abstinence Syndrome and to provide caring support for their mothers. Their vision is to provide high quality, holistic, attachment based medical and non-medical care for infants with Neonatal Abstinence Syndrome, and their caregivers.

Meeting Evaluation/Next Meeting

Members attending today's meeting were asked to complete the NE FYSPRT evaluation. The next meeting will be at the Self-Care Fair on June 24th at Passages.