The NE FYSPRT hosted a Resource and Self-Care Fair for Apple Health enrollees or those eligible to be enrolled in Apple Health at Passages Family Support’s campus on June 24, 2021 from 2:00-6:00 pm. Other than the vaccination clinic and massage, all activities were held outdoors with vendors socially distanced. The Self-Care & Resource Fair was funded with General State Funds from the NE FYSPRT contract with Spokane County and grant funds from the Innovia Foundation.

The Self-Care & Resource Fair is identified in the NE FYSPRT’s 20-21 work plan as an activity to meet youth, family, and tribal engagement including addressing health care inequities as part of the diversity, equity, and inclusion milestone.

Becky Hammill, NE FYSPRT convener, Helen Franklin Family Tri Lead, and Ashley James Youth Tri Lead were present. Currently, the NE FYSPRT System Partner lead role is in recruitment.

Forty-three (43) organizations were invited to participate and to provide resource materials for their programs. Thirty-three organizations were on site at the fair and all provided resource materials. In addition to Passages, two other peer-operated organizations were on site, Washington State Community Connectors and Peer Spokane.

2nd Harvest provided a mobile food market with over 150 vehicles receiving food between 2:00-4:00 pm. Additional food provided by 2nd Harvest was offered from 4:00-6:00 pm at the sign-in table for anyone who indicated a need.

WSU Range Community Clinic provided 19 vaccinations including 10 scheduled appointments and 9 walk-in appointments.

Chair massage was provided free of charge by a licensed massage therapist from 2:00-5:00 pm and all time slots were filled.

Participants: 151 signed in with 35 system partner vendors on a separate sign-in sheet.

34 Youth
64 Parents with families
9 Tribal
12 Other System Partners/Agencies
All participants provided very positive and complimentary verbal feedback indicating it was well worth their time and that Passages and the NE FYSPRT had moderated the unseasonable heat very well. Apple Health enrollees expressed appreciation for the information and gratitude for having this opportunity to learn about such a large array of resources.

Forty two participants requested more information on NE FYSPRT and the Tri Leads will be following up with them.

Becky Hammill, Convener, and the tri-leads will debrief with NE FYSPRT planning committee and NE FYSPRT members at large to identify enhancements for a similar event next year.