



Northeast Family, Youth, System Partner Roundtable Meeting Minutes

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October 2, 2014 NE FYSPRT Meeting

The NE FYSPRT met at Spokane County Community Services Bldg., 5th Floor on October 2, 2014 and the meeting was called to order by the Youth Lead, Hailee Borden. In attendance were the System Partner Lead, Danielle Cannon, Family Lead, Becky Bates, 5 youth members, 2 family members, two adult peers, and 5 system partners.

Old Business:

Members of the NE FYSPRT discussed the updated NE FYSPRT website and the NE FYSPRT pamphlet. Members were given extra copies to distribute.

New Business

Standing Agenda Item: Presentation from local agency

Teri Koski, Vice-Chair of the Spokane Chapter of the National Alliance on Mental Illness (NAMI-Spokane), presented on the family and peer support programs offered for free by NAMI in the Spokane area. Teri reported that currently NAMI-Spokane does not offer classes or support groups for families who have minor children facing mental health challenges but that next year the Spokane Regional Support Network will be funding Basics, a class for parents who have minor children facing mental health challenges. The Peer-to-Peer group that is offered by NAMI-Spokane is open to any consumer of mental health services age 18 and older and this program was of interest to our many youth involved in the NE FYSPRT.

Teri indicated as the Vice-Chair of NAMI-Spokane she would like to learn more about children's mental health service in the area and Teri was invited to attend our NE FYSPRT meetings on an ongoing basis.

Update from State FYSPRT Activities

The family lead and youth lead updated the membership on the State FYSPRT Leadership training that occurred at the end of September 2014. Key points of the 2014 Fall Leadership Training shared with the NE FYSPRT members in attendance were:



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- Adaptive Change-The concept of adaptive change as presented by Ellen Kagen and most notably that technical interventions alone are ineffective.
- Guiding Team-The NE FYSPRT leads will meet in November in lieu of a full membership meeting to discuss the formation of a Guiding Team. The Guiding Team concept, as presented by Ellen Kagen, is a model of adaptive change that utilizes stakeholders who have the breadth of knowledge, influence, and desire to lead system change. The NE FYSPRT leads will be part of the Guiding Team and system partners who will be engaged in the Spokane RSN WISE pilot project. Also included in the Guiding Team will be a youth member of the NE FYSPRT who has intimate knowledge of the TR lawsuit. Information on the Guiding Team will be brought back to the general NE FYSPRT membership at the December meeting.
- Assessment of FYSPRT Model-DBHR has contracted with UW to assess the FYSPRT model and members of the NE FYSPRT may receive a survey form and are encouraged to participate. There is confusion regarding the role of the Regional FYSPRT's despite the inclusion in the TR lawsuit settlement agreement. The UW survey will help to determine the scope of the Regional FYSPRT's, what type of agency should hold the contract, and how the Regional FYSPRT model will intersect with the Community Collaboratives.
- Regional FYSPRT's will align with the boundaries of the Behavioral Health Organizations (BHO's).

Communication to State FYSPRT

The Family Lead queried the NE FYSPRT members in attendance regarding the need for any one member or agency to communicate to the State FYSPRT any concerns with the children's system of care and/or a policy issue. No issues were identified.

Adjourn

The meeting was adjourned with the Guiding Team planning meeting set for November 6, 2014 and the next full membership meeting for December 4, 2014.



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All meetings will continue to be hosted by Spokane County Regional Support Network located at the Spokane County Community Services Bldg., 312 W 8th Ave., Spokane, WA.