

October 5, 2017

The NE FYSPRT met October 5, 2017 at Spokane Community Services Bldg., 312 W 8th Ave., Spokane, WA and was called to order by the Youth Lead Morgan Gabriel. Also present was the Family Co-lead Becky Bates and the Systems Lead Liz Perez. Twenty eight (28) members and guests attended including one member by phone, representing families, youth, and system partners.

#### <u>ANNOUNCEMENTS</u>

Washington State Community Connectors is having a parent training conference October 20-22 in Leavenworth. Meals and lodging are provided. Becky will send out the registration form to FYSPRT members. All members were encouraged to talk with parents about attending.

At the statewide meeting, there was discussion about local meetings. Becky indicated that two meetings per year should be dedicated to discussing regional issues, for example the discussions that have taken place regarding suicide prevention; and two meetings should be dedicated to discussing WISe data.

## REBRANDING NE FYSPRT

Three billboards have been located throughout Spokane promoting FYSPRT. The rebranded brochures and posters are at the printers and will be available soon. There will be a Facebook page by the end of the year and the website will be remodeled.

## ANNUAL STRATEGIC PLANNING

Members discussed the strategic plan for 2017-18. Becky asked members to identify strategies/action steps that address each of the identified challenges:

- At a minimum, 51% of the NE FYPSRT membership should be made up of youth and families.
- Engage tribal communities
- Engaging diverse system partners who are not directly involved with publically funded children's mental health
- Continue to evolve understanding of the scope and mission of the Regional FYPSRT

Members provided input into strategies and action steps. Becky will present this information in the quarterly report to the Statewide FYSPRT.

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WISe UPDATES

IFD: They've had an extended absence of one of their team members but she should be returning soon. There is some confusion regarding referrals received from Children's Administration when other services are involved (BRS) and the funding issues. It was confirmed that children cannot receive mental health and BRS services at the same time, but providers need to work on transitioning into WISe from BRS.

FBH: Staff vacancies are a recurring issue for all. There are 100+ enrolled in WISe at FBH with 12 active teams.

Excelsior: Good peer and family support team. 60-70 enrolled. Also have some staff vacancies.

Daybreak: just starting – need a clinician and family advocate.

LSS: 2 teams; have one client opening

Passages: fully staffed with 33 enrolled families. It's going well.

Stevens County: they are interviewing for a care coordinator; it's important that it be a good fit from the get go...Annabelle asked if anyone would share their interview questions.

New Alliance: 2 teams have been approved; hopefully Ferry County will have one team November 1<sup>st</sup>.

The other counties are on board to implement January 1, 2018.

WISe DATA

Stephanie provided some data for all WISe participants:

Increasing supports, both formal and natural is important Referral system is different in Spokane County than Stevens County. In Spokane, the referrals come from the BHO to the providers. As of October 4<sup>th</sup> there have been 408 referrals to WISe through the Spokane BHO.

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54% of referrals received by the BHO were from mental health or SUD providers. Stevens County has its own referral system.

Stephanie provided data on where referrals originated, including

- BHO providers and schools
- PCCA or Kootenai
- Families or youth themselves
- DCFS
- Medical providers
- CLIP
- Other (emergency department, juvenile court, etc)

Stevens County has had 40 referrals.

- mental health/SUD providers
- WISe teams
- PCCA/Kootenai
- DCFS
- Self referred
- Schools
- CLIP
- Other (juvenile courts)

There were no referrals from Developmental Disabilities Administration as there are some federal waiver regulations relating to DDA

Members discussed how to target other providers/caregivers such as medical providers, provide education regarding self-referral, and intervening at hospitals when individuals are not admitted. Rising Strong through Catholic Charities was a possible resource as was the juvenile court's diversion program. Eric Olson with COPS was identified as a resource. Another agency that may have referrals is Martin Hall (Melodie Yoder). Community shelters, YMCA, libraries, juvenile detention lobby, CHAS were all areas identified to provide education and/or literature about FYSPRT.

FBH has outreach with fire departments and outlying municipalities like Spokane Valley Sheriff's deputies. Stephanie Cornwall would be a good contact for YNA.



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The Police Activity League (PAL), Jennifer DeRue will be invited to speak to NE FYSPRT.

<u>QUARTERLY EVALUATION</u> Members were asked to complete and return the quarterly FYSPRT evaluation.

The next meeting is November 2<sup>nd</sup>.