

# NE Family Youth System Partner Meeting Minutes NE FYSPRT

February 7, 2019

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The NE FYSPRT met February 7, 2019 at Passages Family Support, 1700 S Assembly, Spokane, WA and was called to order by the System Partner Co-Lead Vincent Cardiel. Forty members and guests representing families, youth, agencies and system partners were present or participated by phone and webex. Becky shared with members that the Statewide FYSPRT meeting had been cancelled due to the weather in Olympia.

#### <u>TRI-LEADS</u>

Vincent Cardiel, new System Partner Tri-Lead, introduced himself to the members and guests.

# FOURTH QUARTER 2018 EVALUATION

Members were asked to complete the 4<sup>th</sup> quarter evaluation.

# NE FYSPRT CHARTER

The members discussed the draft charter for the NE FYSPRT. Members agreed that terms for the System Partner, Youth and Family co-leads would be staggered so that there is historical consistency in the program. The Charter will be presented for final approval at the March meeting.

# NE FYSPRT WORK PLAN 2019

Becky presented the first draft of the work plan for 2019. She utilized AIM Statements, with activities, outcome goals, timelines and assigned responsibility. The members reviewed each of the AIM statements and made recommendations:

#1) Record the meeting, change the day or time, and explore other opportunities to reach tribal, youth, and family members

#2) Provide NE FYSPRT flyers to Better Health Together for distribution at their many provider/community gatherings. Also, to school counselors.

# 3) Utilize an intern to assist in marketing the NE FYSPRT. A youth or family member who has had lived experience would perhaps be successful in communicating the importance of participating in NE FYSPRT.

# 4) Additional recommendations for speakers: behavioral health funding stream, housing, deferred prosecution. Vincent will research the possibility of a speaker regarding juvenile justice issues and deferrals. Deborah Hanna indicated that referrals to Juvenile Detention have decreased dramatically.



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Andrew Bingham indicated that ESD 101 has initiated a program for early intervention in Spokane County and they're hoping to obtain funding to bring it to the other 7 counties in ESD's region. Andrew was asked to plan to present this program to NE FYSPRT.

# 5) Increased funding for school counselors, including social workers.

#6) Increased marketing such as an actual article in the Inlander, increased advertising in rural areas, focusing on advocacy, and increasing outreach to faith groups. Morgan Gabriel, Youth Co-Lead recommended reaching out to other youth groups.

#### ISSUES FOR THE STATEWIDE FYSPRT

Becky indicated that the Statewide FYSPRT issues from NE FYSPRT continue to be: 1) youth released from long-term inpatient facilities when they reach age 18 when they may not be clinically appropriate for discharge and 2) the issue of family members who provide care, housing, etc for children/youth but who do not have custody and thus no voice in decision making. Mariah Rhodes indicated that Frontier Behavioral Health has a small program called Kinship Navigator to assist families in this issue.

Other FYSPRT regions joined NE FYSPRT at the statewide meeting in recognizing the important of homeless youth and the lack of resources for them. The Department of Commerce has provided some funding to address this issue. In discussing the issue with other FYSPRT regions, it was learned that the NE FYSPRT region has more respite beds compared to other regions.

While the executive leadership of the FYSPRT did not elect to take the issue further, they continue to recognize its significance.

Another recommendation to refer to the Statewide FYSPRT is the lack of programming for children/youth during the summer. There are very few summer-long all day programs. Tina Schulhauser indicated that if the child/youth is enrolled in the Developmental Disabilities Administration and has personal care, the parent/guardian may request extra personal care hours and the DDA will review and grant extension of hours during the summer. Other suggestions included Boys and Girls Club, volunteering, Boy Scouts of America (BSA) for Special Needs Children, and Excelsior Youth Center for those enrolled



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in the EYC program ages 6 to 18. The YMCA also has camps and the Spokane Public Schools has summer therapy groups.

Several bills are currently being considered in the Legislature. One will provide additional staffing for behavioral health navigators through ESD 101. HB1876

There is also a bill being considered that would extend the ITA time frame from the initial 72 hour detention to an initial 5 day detention in an inpatient facility. SB5720

YOUTH/FAMILY VOICE

There were no issues from youth or families present.

The next NE FYSPRT meeting will be March 7, 2019 at noon, at Passages.

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