



Northeast Family Youth System Partner Roundtable Meeting Minutes

Meetings & Activities:

State FYSPRT Meetings:

May 18, 2015:

The NE FYSPRT Family Lead and the Youth Lead attended the State FYSPRT meeting in Lacey, WA on May 18, 2015. Salient agenda items for the NE FYSPRT included the announcement that DBHR will contract with the Regional Support Networks beginning October 1, 2015 for the ongoing support of the Regional FYSPRT's. The DBHR Executive Leadership team discussed with Regional FYSPRT tri-leads the need to sustain the Regional FYSPRT's by aligning them with the emerging Behavioral Health Organizations (BHO's). In light of this intention, DBHR leadership thinks the best way to guarantee sustainability of the Regional FYSPRT roundtables is to pass the management responsibility to the BHO's. The contract language will allow for subcontracting the Regional FYSPRT work out to family/youth organizations, if so desired by the BHO's. There is potential for significant loss and devaluing of family/youth led process with this contractual shift.

May is Mental Health month was also discussed and t-shirts for the Youth N' Action East members were distributed. DBHR and UW staff presented CANS data and first quarterly BHAS reports. The State FYSPRT website policies and procedures were distributed.

Mandy Paradise reported on Project Aware (Advancing Wellness & Resilience in Education). The Substance Abuse & Mental Health Services Administration (SAMHSA) funds project aware. Project AWARE builds on the Safe Schools/Healthy Students model and is administered by the Office of Superintendent of Public Instruction (OSPI) in partnership with State level organizations that serve youth, DBHR, and JRA. The intent of the AWARE project is to develop a comprehensive, coordinated, and integrated program to advance wellness and resilience in educational settings for school-aged youth.



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June 3 2015:

The NE FYSPRT youth and family lead, along with the program manager for Youth N' Action East and two YNA-East youth, attended the DBHR sponsored Youth Curriculum Development in Lacey, WA. Topics of discussion were the scope of work for youth peer specialists, incorporating youth peer support in to the traditional mental health agency culture, and developing and supporting leadership in youth peers. Salient to the discussion was the concept of adaptive change, institutionalization of youth peer support services, and the specialized skills that are needed to bring this type of adaptive change to fruition.

June 4 2015:

DBHR sponsored a meeting, facilitated by Ellen Kagen of Georgetown University, for the Regional FYSPRT leads, Children's Care Coordinators from Regional Support Networks, representatives from the DBHR Children's Unit and DBHR leadership. The purpose of the meeting was to discuss the transition of the Regional FYSPRT contracts from DBHR directly contracting with family support organizations to DBHR contracting with Regional Support Networks (RSN's) that will transition to Behavioral Health Organizations in April 2016.

Voiced were numerous concerns regarding the fidelity of Regional FYSPRT's going forward. RSN's will have the option to subcontract the FYSPRT work out to a family/youth organization. Some family advocates have concerns that family and youth voice will be lost.

DBHR has contracted with UW to develop a manual for the development of regional FYSPRT's, which aligns with the efforts in the last year to standardize macro elements of the FYSPRT process. DBHR leadership thinks the manual will facilitate the development of FYSPRT's in areas of Washington that currently lack local or regional family, youth, system partner roundtables, as it will provide a "how to" approach. Concerns were voiced regarding a "cookie cutter" approach and the importance of allowing communities to build a round table that reflects the culture of that area/community. Assurances were provided by DBHR staff regarding the flexibility of areas to construct a FYSPRT that reflects their culture/community.



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NE FYSPRT Meetings:

April 2, 2015: The NE FYSPRT meeting was cancelled as 90% of attendees indicated per RSVP that they would be unavailable due to spring break in the Spokane area.

May 7, 2015: The NE FYSPRT met on May 7, 2015 at Spokane Community Services Bldg., 312 W 8th Ave., Spokane, WA as was called to order by the System Partner Lead, Danielle Cannon. Also present was the Youth Partner Lead, Hailee Borden, and the Family Lead, Becky Bates was excused. Additional attendees included three parents, four youth, and five system partners.

Old Business

WISe Pilot in Spokane Update:

System Partner lead, Danielle Cannon reported that Spokane County has launched two WISe pilot programs; one with Frontier Behavioral Health (FBH C&F) and one with Institute for Family Development (IFD). Each program has the capacity to serve 10 families. All enrollees must submit to a CAN assessment and reach a clinical threshold to access the WISe program. The CAN may be administered at your agency, if you have staff qualified to administer the CAN, or the assessment can occur at the referent agency (FBH C&F or IFD).

Presentation:

1. As part of our ongoing educational portion of the NE FYSPRT, Michelle Wolf, MSW presented information on Developmental Disability Administration's Children's Intensive In-Home Behavioral Support (CIBS) program for children who qualify for DDA services and who are at risk of out-of-home placement due significantly challenging behaviors due to Autism Spectrum Disorders(ASD) or other developmental disabilities. CIBS is guided by the system of care principles. For more information on the DDA services available in the Spokane area contact



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New Business

Policy/Communication issues to report to the State FYSPRT:

None reported at this meeting.

Adjournment

The meeting was adjourned and next meeting will be June 4, 2015 at SCRSN, 5th
Floor, from noon-1:30.

June 4, 2015:

The NE FYSPRT meeting for this date was cancelled due to a conflict with State
FYSPRT meeting with Ellen Kagen and agency auditing by SCRSN.