



NE Family Youth System Partner Meetings & Activities

January 1, 2016 through March 31, 2016

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NE FYSPRT Meetings:

January 7, 2016:

January 7, 2016: The NE FYSPRT met on January 7, 2016 at Spokane Community Services Bldg., 312 W 8th Ave., Spokane, WA and was called to order by the family co-lead, Becky Bates. Also present was the youth lead, Morgan Gabriel family co-lead, Helen Franklin, and system partner lead, Liz Perez. Fourteen members were in attendance that constituted families, youth, and system partners.

Old Business

Frontier Behavioral Health and Institute for Family Development provided updates on their respective Wraparound with Intensive Services (WISe) programs, as the NE FYSPRT functions as the Community Collaborative for the WISe program in the SCRSN catchment area.

Liz Perez reviewed the criteria for children's respite and indicated that portions of the service were being underutilized. Members were reminded that respite is not a crisis intervention for the enrolled child but rather an intervention to help the caregiver avoid their own crisis.

New Business

A SWOT analysis was conducted to discover the strengths, weaknesses, opportunities and threats in regard to the NE FYSPRT moving forward as WISe expands in NE Washington.

Noted as strength was the decision by SCRSN to continue to contract with Passages for facilitation of the NE FYSPRT and thus, keep the momentum moving forward. Additional strengths noted were the family representation from Ferry County, system partner participation from Pend Oreille County, robust support from SCRSN and local SCRSN children's providers.



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Weaknesses noted were the absence of families, youth, or system partners from the remaining counties in the NE FYSPRT and SCRSN catchment area. Given the large geographic area covered by SCRSN and the NE FYSPRT, the absence of local FYSPRT's that feed in to the NE FYSPRT was noted.

Opportunities noted were inclusion of more families through a class that will be offered by Passages "Parents for Positive Change". The class will be open to all primary caregivers in the NE FYSPRT and their travel costs will be reimbursed.

Threats noted were the relatively small budget allotted by DBHR for the regional FYSPRT contracts; especially, in light of the costs associated with supporting FYSPRT's in local communities.

Presentation:

A community education segment was not scheduled for this meeting due to time constraints.

Policy/Communication issues to report to the State FYSPRT:

Work force issues are noted with respect to finding qualified and experienced individuals for the WISe teams.

Adjournment

The meeting was adjourned and next meeting will be February 4, 2016 at SCRSN, 5th Floor, from noon-1:30.

February 4, 2016: The NE FYSPRT met on February 4, 2016 at Spokane Community Services Bldg., 312 W 8th Ave., Spokane, WA and was called to order by the system partner lead, Liz Perez. Also present was the youth partner lead, Morgan Gabriel, and family co-lead, Helen Franklin. Fifteen community partners attended including families, youth, and system partners.



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Old Business

Frontier Behavioral Health and Institute for Family Development both gave respective updates on their WISE programs, as the NE FYSPRT functions as the Community Collaborative for the SCRSN catchment area.

FYSPRT manuals were made available to all members.

The family co-lead handed out flyers for the "Parents for Positive Change" class and encouraged WISE providers to educated families and youth who have graduated from WISE about the NE FYSPRT and the prep class.

New Business

Liz Perez, system partner lead indicated that SCRSN was increasing the number of WISE teams through a current RFP process.

Presentation:

As part of our ongoing educational portion of the NE FYSPRT, Chuck Teegarden, ED for "Communities in Schools" presented. "Communities in Schools" is a non-profit that provides services in Spokane County to public school students that are identified through the school as being at-risk of failure or dropout. Currently, "Communities in Schools" is present at Rogers, North Central, SHAW Middle School, Gary Middle School, Sheridan Elementary, and Cheney High School including both Cheney middle schools. All schools where "Communities in Schools" are present are identified as low-income areas of Spokane County.



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Data has shown outcomes measured at an 80% success rate of keeping at-risk students in school and intervention has decreased the absentee rate of students under an At Risk Youth Petition (ARY) from 9% to 2% in some schools. Utilizing on-site case management, "Communities in Schools" staff develop a "site plan" to increase the success rate for each student. They provide mentoring, homework assistance, food, clothing, hygiene kits, home visits, and parent education through programs like Strengthening Families and Guiding Good Choices. "Communities in Schools" also partner with the Boys and Girls Club and the students are offered free memberships in the summer. Mr. Teegarden shared that they always struggle with donations especially with food but he is trying to create partnerships with food banks to meet the need.

SCRSN providers can refer students in the schools where "Communities in Schools" is present. Mr. Teegarden indicated he would like to work closer with the NE FYSPRT to understand the needs of at-risk youth in Spokane County. A meeting will be set up between the NE FYSPRT subcontractor and Mr. Teegarden to discuss a two-way communication protocol that can be established such that the case managers at site locations understand the WISE referral process and such that families and youth can be recruited for participation in the NE FYSPRT.

Policy/Communication issues to report to the State FYSPRT:

Again, workforce issues were discussed as prevalent across the system of care and especially, concerning finding qualified individuals to staff the WISE teams.



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A query was also made regarding if DBHR is tracking the diagnostic information of those children who are screened in to WISE services; especially, those children on the Autistic Spectrum.

Adjournment

The meeting was adjourned and next meeting will be March 3, 2016 at SCRSN, 5th Floor, from noon-1:30.

March 3, 2016: The meeting was called to order by youth lead, Morgan Gabriel also in attendance were family co-leads, Helen Franklin and Becky Bates, and system partner lead, Liz Perez. Fourteen community members attended comprising families, youth, and system partners.

Old Business

The NE FYSPRT functions as the Community Collaborative for the WISE programs in Spokane Regional Support Network System of Care and Frontier Behavioral Health and Institute for Family Development, both of whom have WISE programs, reported on progress of the programs. Both programs reported continued concerns with the workforce shortage issue.

Liz Perez, SCRSN Children's Care Coordinator and NE FYSPRT System Partner lead reported that FBH has been funded for 7 new WISE teams, Lutheran Community Services for 2, and Excelsior Youth Center for 4 to serve a total of 150 more



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families. The funded agencies have until July 1, 2016 to be fully staffed and program implemented.

New Business

As reported by the subcontractor, Morgan Gabriel, Youth lead, and Becky Bates, family co-lead attended the State FYSPRT meeting on February 11, 2016. Also in attendance was Renee Hein, Youth Program Manager Passages and director for Youth N' Action Spokane.

The family co-lead shared with the State FYSPRT the concerns of the WISE providers in the NE FYSPRT regarding the workforce shortage issue. Colleen Haller, Director of the Washington State University Workforce Collaborative offered to attend the NE FYSPRT to discuss the issue in further detail.

Reported by the family co-lead to Kathy Smith-DiJulio was the query regarding tracking children/youth who enter WISE based on diagnosis; especially, those on the autistic spectrum. The family co-lead was advised that specific diagnosis is not being tracked at this time and that the suggestion will be taken under consideration.

Presentation

Danielle Cannon from Cenpatico presented on the new DSHS/CA Apple Health Core Connections program. The program effective April 1, 2016 is for children and youth in foster placement, extended foster care, children and youth receiving Adoption Support, young adults between 18-26 years old who were in



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foster care on their 18th birthday, or were older than 18 when they left foster care or Alaska Native and American Indian children and youth in foster care.

The Core Connections program provides the following:

- Health care coordination and support for navigating the health system.
- Help finding the right physical and behavioral health providers.
- Health care coordination for enrollees with multiple or complex health care needs.
- Smooth transition of health care services when enrollee are hospitalized, or change placements.
- Education and assistance to enrollees who are transitioning from foster care to independence.
- A 24-7 Nurse Advice Line and a dedicated phone number.

For additional information and questions, please contact the Health Care Authority's (HCA) Foster Care Medical Team at 1-800-562-3022, extension 15480.

Interested parties may also contact Coordinate Care at 1-844-354-9876, or visit www.coordinatedcarehealth.com for more information.

Policy/Communication issues to report to the State FYSPRT:

Given the repeated concern locally regarding workforce issues for WISE teams and the willingness of Colleen Haller to attend the NE FYSPRT, an invitation for the April 2016 meeting will be extended.



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No other issues were noted to be brought to the State FYSPRT at this time.

Adjournment

The meeting was adjourned and the next meeting of the NE FYSPRT will be held on Thursday April 7, 2016 from noon-1:30 at SCRSN, 312 W 8th Ave., Spokane, WA