



**NE Family Youth System Partner Meeting Minutes
NE FYSPRT
March 18, 2021**

Introduction

Increasing Tribal/Diverse Community/Family/Youth Involvement

Helen Franklin, Family Tri-Lead

The NE FYSPRT met on March 18, 2021. Becky Hammill convened the meeting via Zoom. Tri-leads Ashley James (Youth Tri-Lead), Helen Franklin (Family Tri-Lead) and Vincent Cardiel (System Partner Tri-Lead) were present. Helen Franklin welcomed thirty-seven (37) attendees with 15 family and youth members, one Tribal member and 21 system partners. Helen began the meeting by sharing the acknowledgement that we are living and working on land that originally belonged to the Tribes. All members were asked to document the group with which they identify: Tribal representative, diverse community, youth, or parent/caregiver.

General NE FYSPRT Business

Contract/Compliance – Community Education

Spokane Regional Behavioral Health Administrative Services Organization

Justin Johnson, Assistant Director, Spokane Regional Behavioral Health-Administrative Services Organization gave NE FYSPRT attendees a presentation on a proposed pilot program utilizing designated marijuana account funding. Justin indicated that the goal of the program is to provide substance use engagement and peer support services for middle and high school age youth in a culturally responsive and youth driven approach in the SCRBH (ASO) six county regional service area (RSA) through a behavioral health teen call/text engagement service beginning in the summer of 2021. The SCRBH (ASO) will seek to develop a pragmatic intervention, engagement, and referral model to address the needs of the SCRBH regional service area youth interested in behavioral health treatment. Services will be provided by full-time SUD intervention specialists and certified youth peers. Services would include outreach and engagement, counseling referrals to Spokane RSA SUD providers and brief SUD intervention and treatment. SAMHSA Tip 51 protocols would be followed and results objectively measured. The text line will be actively promoted on social media, websites, and through local schools. A request for proposal will be coming out soon.

Emily Program

Dr. Krista Kubiak Crotty and Lexus Hartley presented on the Emily Program, which was founded in 1993 and is nationally recognized for its compassionate and personalized approach to eating disorder awareness, treatment, and lifetime recovery. The Emily Program provides intensive day treatment for people who struggle with anorexia nervosa, bulimia nervosa, binge eating/compulsive overeating, avoidant/restrictive food intake disorder, or other specified feeding or eating disorders. The program offers lodging for adults of all genders who are admitted to intensive day treatment or partial



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hospitalization and are 18 years of age, live a distance from treatment and pass a background check. Additional services include outpatient treatment, intensive outpatient treatment, partial hospitalization, and residential programs for children, adolescents and adults. Dr. Crotty provided an overview of eating disorders and how the Emily Program can be of assistance. The Emily Program integrates family in the youth programs, it's family based treatment and education.

Regional Issues

Regional issues will be discussed at the April meeting.

Meeting Evaluation/Next Meeting

Members attending today's meeting were asked to complete the NE FYSPRT evaluation. Next meeting: April 15, 2021 3:00 PM via Zoom.