

NE FYSPRT WORK PLAN 10-01-2020 THORUGH 09-30-2021

Aim Statements from Strategic Plan

1. The NE FYSPRT will work continuously through activities identified in the annual work plan to achieve on average 51% family and youth representation.

Milestones /Activities for Aim Statement #1

Milestone/Activities	Expected Outcome	Expected Completion Date	NE FYSPRT Leads
<p><u>Milestone:</u> Accurately reflect participants' roles.</p> <p><u>Activities:</u> Explain roles of system partner, provider, parent & youth and modify sign-in sheet to accurately reflect demographics. When using the Zoom format, ask those who attend to identify in the chat box their role.</p>	<p>Accurate count of system partners, providers, parents, and youth</p>	<p>October 2020-completed updates to roster/sign-in sheet. Identification in Zoom chat added.</p>	<p>Convener</p>
<p><u>Milestone:</u> Increase Youth Involvement</p> <p><u>Activities:</u> Ramp up social media presence Re-vamp marketing tools with input from youth involved in NE FYSPRT and Passages' YNA Continue to participate in free TA with Youth Move offered by HCA.</p>	<p>Increased engagement from youth</p>	<p>09-30-2021</p>	<p>Youth Tri-lead</p>

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<p><u>Milestone</u> Increase Family Involvement</p> <p><u>Activity</u> Operationalize TA on parent engagement offered by Washington State Community Connectors Family lead, other tri-leads engage in WSCC training on parent/caregiver involvement in FYSPRT.</p>	<p>Increase participation from parent/caregivers</p>	<p>09-30-2021</p>	<p>Family System Partner</p>
<p><u>Milestone:</u> Outreach to family and youth</p> <p><u>Activities</u> Tri-leads to connect with family & child serving social service agencies outside of those providing behavioral health services (i.e., YMCA and YWCA) Tri leads to connect with local for-profit businesses that families and youth frequent (i.e., restaurants) Place marketing materials in schools and outreach to school counselors</p>	<p>Increased awareness about the NE FYSPRT in agencies that are not directly providing behavioral health services.</p>	<p>09-30-2021</p>	<p>Tri-Leads</p>
<p><u>Milestone:</u> Family and youth NE FYSPRT members speak freely regarding strengths, issues, barriers, and concerns with service delivery in child/youth behavioral health</p> <p><u>Activities:</u> Encourage parent and youth voice from peer led groups held at Passages. Build in to each agenda "unstructured time" and encourage family and youth participant to share.</p> <p><u>Activities</u> Encourage family and youth to send meeting ideas and topics to tri-leads or convener at any time.</p>	<p>Increase ownership of family and youth members in the NE FYSPRT.</p>	<p>09-30-2021</p>	<p>Family Tri-Lead & Convener</p>

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<p><u>Milestone:</u> Active marketing to WISE providers</p> <p><u>Activities:</u> Presentation to WISE Clinical Supervisors regarding FYSVRT involvement for youth and families Family/Youth Peers from WISE teams encouraged to attend NE FYSVRT with families/youth</p>	<p>Increase involvement of WISE participants in the NE FYSVRT</p>	<p>09-30-2021</p>	<p>Tri-leads & Convener</p>
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2. Through activities identified in the annual work plan, the NE FYSVRT will work to address challenges and barriers that preclude the participation of rural, minority and tribal communities in the NE FYSVRT Milestones /Activities for Aim Statement #2

Milestone/Activities	Expected Outcome	Expected Completion Date	NE FYSVRT Leads
<p><u>Milestone:</u> Better understanding of health disparities and the impact on participation in the NE FYSVRT</p> <p><u>Activities:</u> Explore data on health equity and social determinates of health that preclude rural, minority, and tribal communities from participating in the NE FYSVRT. The NE FYSVRT leadership will seek out learning opportunities and attend classes and learning forums that increase cultural awareness regarding tribal communities and expand understanding of health inequities. Invite a local, community experts to address how the NE FYSVRT can move forward with diversity, equity, and inclusion.</p>	<p>Identify challenges to participation and seek solutions from the impacted groups. Increase awareness of diversity, equity, and inclusion resources with all who participate in the NE FYSVRT. Increase understanding of origin of systemic racism, health disparities, and trauma inflicted on indigenous, local tribes that leads to distrust of public systems and hesitancy to participate in government funded groups such as the NE FYSVRT.</p>	<p>09-30-2021</p>	<p>Tri-leads & Convener</p>

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Share with NE FYSPRY members tools to use within agencies to assess for diversity, equity, and inclusion at the agency level			
<p><u>Milestone:</u> Engagement of rural communities</p> <p><u>Activities:</u> As allowed by COVID-19, explore holding NE FYSPRT meetings in rural communities that are part of the NE FYSPRT region. Advertise the NE FYSPRT in rural resource guides and supply rural behavioral health agencies with NE FYSPRT brochures and posters.</p>	Better understand how to engage in rural communities.	09-30-2021	Tri-leads & Convener
<p><u>Milestone:</u> Engagement of minority & tribal communities</p> <p><u>Activities:</u> Outreach to the Martin Luther King Support Center Work with the Eastern Washington Tribal liaison</p>		September 30. 2021	

3. The NE FYSPRT will address Access to Care and behavioral health system issues identified through the annual needs assessment, the annual work plan, and by those who participate in the NE FYSPRT.

Milestones /Activities for Aim Statement #3

Milestones/Activities	Expected Outcome	Expected Completion Date	NE FYSPRT Leads
<p><u>Milestone:</u> Education and insight in to the functioning of the publicly funded behavioral health system</p>	Families and youth better understand behavioral health system	09-30-2021	Tri-leads & Convener

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<p><u>Activities:</u> Presentations to NE FYSPRT on the flow of funding and the services attached to funding streams Tri-leads and Convener will attend State FYSPRT meetings Convener will attend monthly HCA convener meetings Family lead and parents/caregivers will be supported to attend events put on by the WSCC</p>			
<p>Milestone: Education regarding legislative activities impact behavioral health services Activities: Provide relevant legislative updates to NE FYSPRT</p>	<p>Increased awareness of issues impacting behavioral health.</p>	<p>09-30-2021</p>	<p>Tri-leads & Convener</p>
<p>Milestone: Opportunities to learn advocacy skills Activities: Training for the NE FYSPRT on advocacy skills</p>	<p>Increased capacity to successfully advocate</p>	<p>09-30-2021</p>	<p>Tri-leads & Convener</p>
<p><u>Milestone:</u> Attend public events appropriate for marketing the NE FYSPRT Activities: As resources and COVID-19 allow, NE FYSPRT tri-leads/convener to participate in public events; especially those that have information booths</p>	<p>Increase community awareness and public profile of the NE FYSPRT</p>	<p>09-30-2021</p>	<p>Tri-leads & Convener</p>

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4. The NE FYSPRT will engage in consistent quality improvement by addressing strengths, challenges, and suggestions for improvement to the NE FYSPRT meeting process as identified in the annual needs assessment or by those who participate in the NE FYSPRT.
Milestones /Activities for Aim Statement #4

Milestones/Activities	Expected Outcome	Expected Completion Date	NE FYSPRT Leads
<p><u>Milestone:</u> Shared learning regarding the perspective of parents, youth, and system partners.</p> <p><u>Activities:</u> Dedicate a portion of 3 separate meetings to family, youth, and system partners to share their experience of either accessing or providing behavioral health services.</p>	<p>System Partners, families, and youth who participate in the NE FYSPRT better understand one another's perspective regarding accessing behavioral health services.</p>	<p>09-30-2021</p>	<p>Tri-Leads & Convener</p>
<p><u>Milestone:</u> Explore ways to consistently receive feedback from the NE FYSPRT members</p> <p><u>Activities:</u> Survey provided after each meeting with capacity for a gift card for completing the survey</p>	<p>Consistent feedback from NE FYSPRT members regarding quality, activities, and content of meetings</p>	<p>09-30-2021</p>	<p>Tri-leads & Convener</p>