



**NE Family Youth System Partner Meeting Minutes
NE FYSPRT
December 3, 2020**

Introduction

Increasing Tribal/Diverse Community/Family/Youth Involvement

Vince Cardiel – System Partner Tri-Lead

The NE FYSPRT met on December 3, 2020. Becky Hammill convened the meeting via Zoom. Tri-leads Ashley James (Youth Tri-Lead), Helen Franklin (Family Tri-Lead) and Vincent Cardiel (System Partner Tri-Lead) were present. Vincent Cardiel welcomed thirty-two (32) attendees with 17 family and youth members, 3 tribal representatives, and 12 system partners. Vince began the meeting by sharing the acknowledgement that we are living and working on land that originally belonged to the Tribes. All members were asked to document the group with which they identify: Tribal representative, diverse community, youth, or parent/caregiver.

Contract Compliance: Quarterly Review of WISE data for the NE FYSPRT region

Paul Davis, MS - Youth and Family Behavioral Health, Health Care Authority

Mr. Davis provided the 3rd quarter data to the group. He shared statistical information on: screening and full CANS timeliness, referral sources, cross system involvement, and needs and strengths at initial and subsequent CANS assessments. The NE FYSPRT group discussed additional training for youth and families when individuals are near discharge from WISE – 40% of youth continue to have anxiety. The group also discussed the lack of family therapy that may be needed. The group discussed how the strength resiliency is measured. Paul recommended that teams should not send the message that individuals will be done with WISE in 90 days. WISE teams noted that female youth stay in WISE teams longer and this may be an avenue for study.

General NE FYSPRT Business

Contract/Compliance

Becky Hamill

Becky indicated that the FYSPRT requirements include the need to meet monthly, without the summer break. Becky discussed with the group that the 3rd Thursday of the month is a better time for many members. The group discussed the preferred time to ensure youth/family participation and felt that after school would be best. The monthly NE FYSPRT meeting will now change to the 3rd Thursday (next meeting January 21) at 3:00 p.m. Becky asked Paul Davis to discuss the data regularly at NE FYSPRT meetings and he committed to doing so.



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Regional Issues Forwarded to the State FYSPRT

Respite

Becky Hammill

Becky reported that the HCA/DBHR Executive Leadership team had originally indicated that the respite discussion was a regional issue, however, the regional FYSPRTs all felt that it needed to be addressed at the statewide level. The statewide FYSPRT has evolved with the disbanding of the Executive Leadership team and creation of the Youth and Young Adult Coordination of Care group who will be presenting to the Legislature.

Becky reported that Lauren Davis, an MSW who is now a Legislator has indicated that respite does need to be addressed by the Legislature and will be taking that forward. That is a very positive step for the FYSPRT regions.

Additional issues for the Statewide FYSPRT

Lack of psych testing

NE FYSPRT members indicated that there is a gap in obtaining a full psych evaluation for youth. Many providers are not taking new Medicaid clients and those who do have no openings for new clients for months. All the WISE providers have experienced this challenge especially with Frontier Behavioral Health's loss of a child psychiatrist. The MCOs discussed the workforce shortage and shared that they have been having discussions at their level regarding the lack of psychologists and psychiatrists who can do testing and provide accurate diagnostic assessments, especially for youth. There is insufficient reimbursement for services.

Lack of providers who will provide medication management in outlying areas

Erin Zerber raised the challenge of finding agencies who will provide medication management services for youth/young adults. The challenge is that there are no local providers in rural areas and families have to travel to Spokane to obtain these services.

Services for individuals with intellectual disabilities in residential facilities during COVID

It has been reported as a concern that for individuals receiving services from the Developmental Disabilities Administration, there is no structure in place during COVID to ensure that those individuals are receiving services. The residential



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facilities are not allowing in-person visits and it is unknown if the individuals are receiving any of the necessary DDA services during this time.

Coordination of Care as youth reach the age when WISe services are no longer provided

This is another challenge everyone faces in ensuring that there is adequate coordination of care in the transition to adult services.

NE FYSPRT 2021 Work Plan

The annual work plan is open for comments/changes from NE FYSPRT members until 12/15/20 and at that time, any changes brought forward will be incorporated.

Meeting Evaluation/Next Meeting

Members attending today's meeting were asked to complete the NE FYSPRT evaluation. Next meeting: January 21, 2020 3:00 PM via Zoom.