

# NE FYSPRT STRATEGIC PLAN

## October 1, 2020-September 30, 2025

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### Mission & Vision of Regional FYSPRTs

The **mission** of Washington state's ten regional FYSPRTs is to bring all necessary parties together to contribute to continuous improvement to children's behavioral health services and supports. Regional FYSPRTs strive to provide an equitable forum for families, youth, systems, and communities to strengthen and sustain community resources that effectively address the individualized behavioral health needs of children, youth, and families.

The FYSPRT **vision** is that through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.

#### I. **Core system of care values for behavioral health services**

Family-driven and youth-guided with the strengths and needs of the child and family determining the types and mix of services and supports provided.

Community-based with the locus of services, as well as system management, resting within a supportive, adaptive infrastructure of structures, processes, and relationships at the community level.

Culturally and linguistically competent with agencies, programs, and services that reflect the cultural, racial, ethnic, and linguistic differences of the populations they serve to facilitate access to, and usage of appropriate services and supports and to eliminate disparities in care.

#### II. **Guiding principles:**

The following foundational principles represent the system of care philosophy that systems of care are designed to:

- Ensure availability and access to a broad, flexible array of effective, community-based services and supports for children and their families that address their emotional, social, educational, and physical needs including traditional and nontraditional services, as well as natural and informal supports.
- Provide individualized services in accordance with the unique potentials and needs of each child and family, guided by a strengths-based, wraparound service planning process and an individualized service plan developed in true partnership with the child and family.
- Ensure that services and supports include evidence-informed and promising practices, as well as interventions supported by practice-based

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evidence, to ensure the effectiveness of services and improve outcomes for children and their families.

- Deliver services and supports within the least restrictive and most normative environments that are clinically appropriate.
- Ensure that families, other caregivers, and youth are full partners in all aspects of the planning and delivery of their own services and in the policies and procedures that govern care for all children and youth in their community, state, territory, tribe, and nation.
- Ensure that services are integrated at the system level with linkages between child-serving agencies and programs.
- Provide care management at the practice level to ensure that multiple services are delivered in a coordinated and therapeutic manner and that children and their families can move through the system of services in accordance with their changing needs.
- Provide developmentally appropriate behavioral health services and supports that promote optimal social-emotional outcomes for young children and their families in their homes and community settings.
- Provide developmentally appropriate services and supports to facilitate the transition of youth to adulthood and to the adult service system as needed.
- Incorporate or link with mental health promotion, prevention, and early identification and intervention in order to improve long-term outcomes, including mechanisms to identify problems at an earlier stage and behavioral health promotion and prevention activities directed at all children and adolescents.
- Incorporate continuous accountability and quality improvement mechanisms to track, monitor, and manage the achievement of system of care goals, fidelity to the system of care philosophy, and quality, effectiveness and outcomes at the system level, practice level, and child and family level.
- Protect the rights of children and families and promote effective advocacy efforts.
- Provide services and supports without regard to race, religion, national origin, gender, gender expression, sexual orientation, physical disability, socio-economic status, geography, language, immigration status, or

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other characteristics and ensure that services are sensitive and responsive to these differences.

**III. Strategic Goals.**

The strategic goals are identified and operationalized through the annual work plan which identifies specific aim statements and activities that work toward meeting the identified goals.

**Strategic Goals October 1, 2020 through September 30, 2025**

- Family and Youth involvement in the NE FYSPRT is consistently at 51% or higher.
- The NE FYSPRT engages in a culturally responsive manner to family, youth, and system partners from tribal, minority, and rural communities within the NE FYSPRT catchment area.
- The NE FYSPRT recognizes and responds to Access to Care issues within the behavioral health system.
- The NE FYSPRT engages in consistent quality improvement

**IV. Aim Statements**

The Aim statements contained in the five-year strategic plan are the actionable steps identified to reach the strategic goals.

- The NE FYSPRT will work continuously through activities identified in the annual work plan to achieve on average 51% family and youth representation.
- Through activities identified in the annual work plan, the NE FYSPRT will work to address challenges and barriers that preclude the participation of rural, minority and tribal communities in the NE FYSPRT.
- The NE FYSPRT will address Access to Care and behavioral health system issues identified through the annual needs assessment, the annual work plan, and by those who participate in the NE FYSPRT.
- The NE FYSPRT will engage in consistent quality improvement by addressing strengths, challenges, and suggestions for improvement to the NE FYSPRT meeting process as identified in the annual needs assessment or by those who participate in the NE FYSPRT.

**V. Annual Needs Assessment**

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In August of each year, the NE FYSPRT conducts an annual needs assessment utilizing as a framework the strategic goals in the five-year strategic plan. Data gleaned from the annual needs assessment informs any updates to the Strategic goals or Aim statements contained in the five-year strategic plan or the annual work plan.

**VI. Annual Work Plan**

Annually, the Work Plan will be updated based on the results of the annual needs assessment and generically through the course of issues brought to light by those who participate in the NE FYSPRT. The annual Work Plan contains the strategic goals and correlated aim statements from the five-year strategic plan. Within the annual Work Plan, each Aim statement will be broken in to milestones (specific activities) including outcomes, date of completion, and responsible parties.