



NE Family Youth System Partner Meeting Minutes NE FYSPRT

November 7, 2019

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The regular monthly meeting of the NE FYSPRT was held on November 7, 2019 at Passages Family Support, 1700 S. Assembly, Spokane, WA 99224. Thirty-three (33) youth, parents, agencies, and system partners attended in person or via phone.

Presentation

Spokane County Regional Behavioral Health ASO, YFA Connections, and Excelsior Youth Center presented on respite services in Spokane County for children and youth enrolled in Medicaid MCO services.

- As of January 1, 2020, SCRBH/ASO will no longer use their General State Funds (GSF-non-Medicaid) to fund the respite programs at Excelsior and YFA Connections.
- Per SCRBHO/ASO representative, the GSF designated for the respite service have been transferred by Health Care Authority (HCA) to the Managed Care Organizations (MCO's) that were successful bidders for each region of the State.
- Only one MCO was present at the meeting and indicated that the MCO's do have GSF and that continuing to fund specific programs that the BHO's had chosen to fund was not part of the transition contracting discussions.
- Both Excelsior and YFA are negotiating with the MCO's to continue funding the respite programs and as of this date, nothing is finalized.
- Both Excelsior and YFA are also exploring other funding options for the respite program.
- It was noted by many NE FYSPRT members that the positive outcomes associated with respite are many including (1) decreased stress within a household, (2) preventative measure that can divert higher levels of care and/or out of home placement for a child or youth, and (3) significant cost savings to the system.

Feedback Requested from State FYSPRT

- The State FYSPRT has requested feedback from the NE FYSPRT in regard to the Kinship Caregiver supports presentation given in August 2019 at the State FYSPRT.
- Feedback from a parent member of the NE FYSPRT indicated that working with one of the resources listed for NE Washington is very challenging and the parent reported the agency does not consistently demonstrate strength-based interactions or seem to understand the system of care values and principles.
- Several members of the NE FYSPRT requested that we have a presentation that addressed kinship resources available specifically to families in NE Washington.
- It was noted by the NE FYSPRT convener that the feedback will be presented to at the State FYSPRT meeting in November and will ask the State FYSPRT convener for a lead on who to contact for a local kinship resources presentation.



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Discussion Regarding 3rd Quarter NE FYSPRT Evaluation

- The Youth lead shared with the membership that the NE FYSPRT evaluation conducted in October 2019 indicated that youth members do not feel comfortable speaking up during the meeting.
- The group discussed possible solutions to create a sense of safety and equity in the room such that all members feel comfortable expressing their opinions.
- Solutions proposed include sticky note pads and pens on every table such that all participants can write down any questions or concerns and leave them in a basket near the sign-in sheet.
- We will work on a full value agreement and create a poster that will be visible at each meeting.
- At the beginning of each meeting, we will go over the full value agreement.

Issues for the Statewide FYSPRT

The NE FYSPRT Tri-leads and convener will take forward to the State the issue of GSF funding moving to MCO's from BHO's and the failure by the MCO's to continue to fund the programs for Medicaid enrolled children and youth that the BHO's had supported.

The next meeting of the NE FYSPRT will take place December 5, 2019 at Passages.