



NE Family Youth System Partner Meeting Minutes NE FYSPRT

August 15, 2019

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The regular monthly meeting of the NE FYSPRT was held on August 15, 2019 at Passages Family Support, 1700 S. Assembly, Spokane, WA 99224. Forty seven (47) youth, parents, agencies, and system partners attended in person or via phone. Handouts for today's meeting included:

- Meaningful Partnerships per SAMHSA:
 - Youth want:
 - Choice in how to participate
 - Options that build on skills/interests
 - Clear understanding of roles, tasks and expectations
 - Support and coaching
 - Meaningful partnerships (no tokenism)
 - Growth opportunities within the context of the group's work
 - Connection with others who share a common experience
- Needs assessment worksheet
- FYSPRT Frequently Asked Questions
- Acronym list
- Information about a grant Passages/NE FYSPRT has received to assist individuals who may traditionally be hard to count complete the 2020 Census.

Becky Hammill, NE FYSPRT Convener called the NE FYSPRT to order and explained the purpose of today's meeting in completing the annual needs assessment. She discussed the statewide FYSPRT meeting held on August 14th and the reason for today's agenda. The co-leads and members had previously identified that the need for NE FYSPRT is to: **Increase meaningful youth engagement in the NE FYSPRT and community.**

Becky indicated that in addition to this meeting today to address the identified need, NE FYSPRT leadership will be convening parents and youth in meetings in the community to hear parent and youth voice regarding increasing engagement in NE FYSPRT and community activities.

Vincent Cardiel, System Partner Co-lead explained the process for the small group work to address four questions:

1. How are Youth engaged in the NE FYSPRT today?



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2. How are youth engaged in youth-driven, community based efforts today?
3. In the future, how will youth engage in the NE FYSPRT?
4. In the future, how will youth engage in youth-driven, community based efforts?

Each small workgroup discussed each question and a group spokesman shared with the entire NE FYSPRT their group's responses to each question. These responses were captured and will be utilized by the NE FYSPRT leadership team for future planning.

1. How are youth engaged in the NE FYSPRT today?

Youth shared that it would be hard to attend and participate in the NE FYSPRT setting, because they feel it's the wrong forum for youth to speak their minds. Individuals shared that it's pretty intimidating for youth to come and present/participate in such a forum. Vince indicated that this is good information to share so that NE FYSPRT can meet the needs of youth and parents in a variety of forums. The youth present appreciated the opportunity to participate in these questions today. Transportation, especially from rural areas, e.g. north counties, outlying communities, etc. was mentioned. Participants also talked about bringing in more advocacy groups. Youth participants who attend NE FYSPRT regularly indicated that they came to the meetings to keep current on what's going on in services, that they felt recognized and engaged, and that they wanted to make sure their voice is heard. Other comments included: meeting times are during school, it's loud sometimes in the room, lack of ability to live stream, and conversations that are data driven and carried out by system partners more than youth/parents. Youth also noted a lack of NE FYSPRT materials accessible to youth/parents in the community

Specific highlights included:

- Meetings may be during school or work
- Over stimulating
- Posters may not be youth accessible or spike interest
- By experience youth are engaged in FYSPRT by invitation "youth need services to be invited"



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- The youth role is voicing experience and needs
- Meetings are intimidating – not the setting for youth
- When the youth come, they are able to share what they need to be successful
- When you are here, they feel supported and empowered – they feel heard
- By updating community engagement and through YNA
- Comfortable topics
- Transportation and finances are a barrier in attendance – rural areas
- Live stream or recording for youth who are unable to make it in person
- Too data driven

2. How are youth engaged in youth-driven community-based efforts today?

How are agencies moving from adult-centric activities to youth-centric decision making. Individuals need to be asked to actively participate in the design of services that are provided to youth. To get to that point, what is out there now? Members shared programs that they're aware of in Spokane, for example, a resident council in JRA facilities. NE FYSPRT identified that their baseline is zero knowledge regarding community-based opportunities and attendees were asked to explore opportunities between now and the next meeting to bring that information to all participants.

In Stevens County, there is a Developmental Disabilities Advisory Council who welcome youth participation, including revising bylaws to allow for individuals under age 18 to be members. The Panorama People First, the Mockingbird, and NAMI Ending the Silence at Schools were other opportunities identified.

Specific highlights included:

- School board
- Survey
- Developmental disabilities advisory board
- Panorama people first
- Youth N Action
- Mocking Bird
- NAMI



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- Youth Advisory Board
- Chewelah Home Link

3. In the future, how will youth be engaged in NE FYSPRT?

Participants identified a variety of opportunities to increase engagement.

Specific highlights include:

- Ongoing advertisement
- Live stream in schools
- Affinity groups
- Talking points for youth
- More diversity
- Pop-up FYSPRT in rural areas
- Youth advisory board – include other agencies
- Involve school and have them bring youth
- Go out to the youth – field trip – community center
- Community based youth survey – youth developed
- Foster youth
- Transportation
- Youth model
- Scheduling specific time for youth to speak
- Texting in option
- Video run by youth regarding experience
- Safe place for feedback – no interrupting
- Their known supports are at the meeting (WISE team)
- Youth leading the meeting (being in charge of the agenda)
- Activities
- More summer meetings
- Later meeting time
- Culturally meeting a youth's way of communication (social media, texting)
- Co-meeting with people at places that youth hang out
- Frosted cookies
- Safe space



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- Aim for other community members not enrolled
- Focused on what needs to change
- Youth have their own meeting that's more fun and is youth facilitated

Q 4 – In the future, how will youth be engaged in youth driven – community based efforts?

- Discussion postponed at this time

Parking lot issue: parent/caregiver engagement in NE FYSPRT

Attendees were thanked for their active participation and Becky and the co-leads explained the next steps in the annual needs assessment process.

The next meeting of the NE FYSPRT will take place October 3rd at Passages.