



NE Family Youth System Partner Meeting Minutes NE FYSPRT

April 4, 2019

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The NE FYSPRT met April 4, 2019 at Passages Family Support, 1700 S Assembly, Spokane, WA and was called to order by the Youth Co-Lead Ashley Pennock. Twenty five members representing families, youth, agencies and system partners were present or participated by phone.

PRESENTATION

Kolbi Peach, Providence RISE Program Director, gave a presentation on the RISE intensive day treatment program. The RISE program's goal is to stabilize and transition to a lower level of care. It is generally two to five days per week (intensive outpatient is usually two to four days a week and partial hospitalization is five days a week). There is both an adolescent – age 13 to 17 (18 if still in school) and a separate adult program. Participants check in at 8:30 a.m. each day and participate in services until mid-afternoon. The youth participants receive trauma-informed yoga, art therapy, and calming yoga and also meet with the therapist. It is a voluntary program but is not locked. It is expected that families participate. If an individual is deemed high risk, for example, the individual would not be safe at night, families are required to participate or the individual may be asked to receive a higher level of service.

Diagnoses most commonly identified include anxiety, depression, and PTSD. The program does not provide substance use disorder treatment or co-occurring treatment. The staff do make referrals elsewhere. The program also does not provide service to individuals with autism.

The individual generally participates for 18-24 visits – so the number of days he/she attends will determine the length of time, generally 22-24 days. If the individual is receiving partial hospitalization services, it's generally a 7-10 day stay. Census is 20 in the adolescent program and they have a waiting list of 3-6 weeks.

Most referrals are phone referrals with existing providers and schools. The plan is to have followup care in place before discharge for a safe transition. The program has recently started to receive referrals for individuals in the WISE program. They hope to assist families avoid the use of the Emergency Departments for behavioral health issues and tell their clients to contact their WISE providers on the weekends. The RISE and WISE staff ensure appropriate billing for services in each program and have begun discussions with the managed care organizations regarding these shared services.

RISE does not provide crisis services but each individual is provided after hour crisis phone numbers in the community.



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Kolbi shared the staffing of the RISE program and program goals such as medication stabilization, diagnosis clarity, and followup service referrals. She described the program's goal of involving the family in identifying followup providers and provide recommendations if necessary. If the family is not able to identify followup services on their own, the staff assist. It is difficult to find prescribers.

The program coordinates services with schools attendance/participation. There is no dedicated teacher in the program at this time and they encourage the families/individuals to get IEPs/504s. For individuals in the program who are receiving partial hospitalization services, they gradually revise the program so the individual can go to school 1-2 days a week. The RISE program is considering the addition of a youth/family peer.

ISSUES FOR THE STATEWIDE FYSPRT

There were no issues for the Statewide FYSPRT this month.

YOUTH/FAMILY VOICE

The Governor's budget includes funding for peer respite. There was a bill presented to raise the age of consent, however, the bill is not progressing through the Legislature at this time.

There was discussion of the need to provide families with therapy in addition to the individual while their child is involved in the WISE program.

Andrew Bingham with ESD 101 indicated that there is funding allocated in the Senate budget to create a threat assessment pilot in all state educational services districts similar to the one in ESD 101.

Becky announced that NE FYSPRT would have a vendor booth at Bloomsday and if anyone wanted to volunteer, please contact her. Ashley Pennock was welcomed as the youth co-lead.

Becky reminded members of the summer schedule:

No May meeting due to conflicting statewide meetings

June 6, 2019 NE FYSPRT at Passages

No July meeting

August meeting is the 3rd Thursday

No September meeting

Regular schedule again in October