



## **NE Family Youth System Partner Meeting Minutes NE FYSPRT**

March 1, 2018

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The NE FYSPRT met March 1, 2018 at Spokane Community Services Bldg., 312 W 8th Ave., Spokane, WA and was called to order by the Passages Family Support WISE Clinical Supervisor Davina York and SCRBHO Integrated Care Coordinator Justin Johnson. Thirty two members and guests representing families, youth, and system partners were present, including representatives from New Alliance Counseling Services on the phone.

### PRESENTATION

Abby Walthall, Community Oriented Policing Services (COPS) gave a presentation on their services. COPS is a non-profit organization with a goal of getting individuals living in communities involved in their own safety. There are multiple COPS locations throughout the city. COPS is staffed with volunteers who are trained advocates. Neighborhood Resource Officers from the Spokane Police Department are an integral partner with COPS and utilize their space to meet with individuals or conduct investigations. Community Corrections Officers also meet with individuals in the COPS offices.

COPS has eleven programs and services, including:

- Code enforcement
- Issues that arise in the neighborhood consistently
- Bicycle registration and free helmets
- Property (lost and found) storage – if someone finds a bike or other item then can turn it in to COPS who'll try to find the owner
- Identity theft and fraud alert
- Neighborhood observation and patrol
- Sex offender watch
- Victim assistance (checking on victims of identity theft or fraud)
- Vehicle prowl assistance to victims
- Their goal is to avoid arrest at all costs when they're assisting SPD
- They approach the individual with the goal of exploring options outside of arrest; they're involved in community court

COPS is a Spokane service; it's similar to SCOPE in the County. COPS can be involved in community meetings or other events and welcome the opportunity to be part of the community.



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Ms. Walthall also provided an in-depth presentation on identity theft and fraud. She indicated that scams increase during this time of year (Valentine's Day, weddings, tax season). Scammers or thieves are now waiting months before using a victim's identity rather than trying to use them right away. They use the stolen information to obtain entirely new credit cards, etc in the victim's name. Never open link in an email from someone you don't know. You can hover your mouse over the email address to see if it's a known company/individual.

Ways to safeguard your information include:

- Shredding your mail
- Don't carry your social security card on your person
- Use home safes
- Use ATMs located inside buildings and from trusted organizations
- Watch for the sticker on ATMs to show they haven't been tampered with
- Opt out of robocalls or hang up as soon as you realize it's a robocall
- Use the Do Not Call Registry

Cyber safeguarding includes:

- Share security options with your family, friends, co-workers, clients
- Make sure websites have HTTPS (the S means it's secure)
- Use a password manager
- Don't write passwords down
- Use antivirus software
- Use a strong password
- Monitor your accounts
- Receive text alerts for activity on your account
- Check your bank statements/accounts regularly
- Microsoft publishes a list of the best antivirus software
- Monitor all your open accounts
- Check your credit report – [annualcreditreport.com](http://annualcreditreport.com) is free

Reporting – when you need to report identity theft or fraud:

- Document and keep copies
- Call the credit bureaus immediately and put on fraud alerts or credit freezes



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- Call Crime Check at 456.2233 – you may need the police report for insurance or bank purposes

Ms. Walthall invited system partners to visit COPS locations and to bring clients. Call ahead to ensure there are volunteers present to give a tour. [www.spokanecops.org](http://www.spokanecops.org) for locations and contact information.

### WISe UPDATES

WISe provider updates:

Daybreak: Their team has 11 clients and several screenings scheduled.

Excelsior: Going well; some discharges, it's exciting to see the successes.

IFD: Their team is full. The Youth Peer has started.

FBH: They're close to capacity and continue to recruit staff

LSS: Their two teams are full. They're fully staffed. Shelly Haan will be covering for Sharon for a while.

Passages: Their three teams are full. The therapist will begin in late March; the family peer specialist starts Monday. There will be some graduates soon.

New Alliance: North Stevens has 1 team with 11 and one screening scheduled.

South Stevens is full.

Lincoln County has a half team and it's full – will outgrow the allocation soon.

Justin announced that the successful implementation in eastern WA was discussed at the statewide meeting. Additional beds have been allocated for CLIP – the beds will be at the childrens state hospital (CSTC) location – a new facility to be built with capacity at 15 beds in two years.

There is no current WISe waitlist and the plan is that there will not be a waitlist. Individuals who have a preference for a specific WISe team will be provided WISe-like services until an opening occurs on their preferred WISe team. They will be offered vacancies at other WISe providers.

Justin reiterated that referral for WISe services should still go through the BHO (to Justin). There have been approximately 100 referrals to WISe and BRS since January.



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### UPDATES

Justin provided an update on integrated managed care which will be effective January 1, 2019. The BHO's application to be the Administrative Service Organization is progressing. WISe will not be a part of the ASO program and will be included in contracts with the managed care organizations.

### REGIONAL TOPICS FOR STATEWIDE FYSPRT

Those present did not have any current issues to raise at the Statewide meeting. At the last statewide meeting, several FYSPRTs reported that Children's Administrative representatives were not always consistently present. Becky announced to the statewide group that Mashelle Hess with CA was a regular contributing member of NE FYSPRT.

The next meeting is April 5, 2018.