



NE Family Youth System Partner Meetings & Activities

January 4, 2018

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The NE FYSPRT met January 4, 2018 at Spokane Community Services Bldg., 312 W 8th Ave., Spokane, WA and was called to order by the Youth Lead Morgan Gabriel. Also present were the Family Co-lead Helen Franklin and the Systems Partner Lead, Liz Perez. Twenty members and guests representing families, youth, and system partners were present in person or by conference call, including Becky Bates, Family Co-Lead and Brittany Stemarie from Pend Oreille County.

STATEWIDE FYSPRT

The statewide FYSPRT had raised the issue of the availability of neuropsychological evaluations to the regional FYSPRTs. NE FYSPRT members reported that it is almost impossible to obtain this evaluation in part due to lack of available providers who will take Medicaid. There is a list of providers on the Helath Care Authority (HCA) website. There are different requirements from HCA depending on the individual's diagnosis. Rural counties utilize telemedicine for this purpose, but you must be enrolled in order to have access to telemedicine services. Some additional options for funding evaluations include funding through adoption support and dependency through Children's Administration.

Michelle Wolf discussed funding restrictions imposed on the Developmental Disabilities Administration due to changes in the Centers for Medicare and Medicaid Services rule enforcement. DDA is working with CMS and hope to resolve the issue this year.

PRESENTATION

Sandy Skok presented information about Daybreak's new Evaluation and Treatment service. There are six beds for adolescent girls. There are 13 total beds statewide with a co-ed unit on the west side. Currently, the E&T is voluntary but they are planning involuntary beds in the future. They do accept some individuals with assaultive history and parent initiated treatment. Daybreak plans to have acute detox beds available in the future to meet the requirements of Ricky's Law. Acceptance into the Spokane E&T is based on gender ID not on biological gender.

Daybreak provides both inpatient and outpatient services and has a WISe team.



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WISe UPDATES

WISe provider updates:

Daybreak: They are semi-full with one team.

IFD: The peer support staff person has returned half time. They are recruiting for a youth peer. The new therapist begins January 17th. They're full.

FBH: All staff of the original team 1 have left. The clinician for team 2 has left. FBH continues to provide full services while they recruit to fill the vacancies.

LSS: Fully staffed at full capacity. Things are going well.

Passages: All three teams are full. The therapist has left and they are recruiting. Things are going well.

Excelsior: Eighty three enrolled. They're training new staff.

Pend Oreille Counseling: Screening is going well. Three individuals have been screened. Next step is to complete the full CANS.

Stephanie reported that they are fully implemented in the Spokane BHO. Only one of nine are at full capacity statewide with 405 youth who can be served at one time. Two hundred and ninety six are enrolled which is 72% of capacity in enrollment.

Statewide, the average time in service is 13 months, for Spokane it's 15 months.

DBHR has a WISe Coach who will be available to all teams. In Spokane the focus would be on those areas where Spokane is not consistent the statewide trend, for example, location of services provided.

FUTURE NE FYSPRT TOPICS

Becky asked the group for future agenda items.

- Presentation by the Spokane Police Department's Youth and Policy Intervention; Police Activity League, etc.



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- Youth turning 18 – the members would like more information about the transition for foster children who are turning 18 and who may be able to live independently but need support. Home and Community Services staff may be a good resource.
- Fully integrated managed care and how it will affect providers. Justin Johnson provided the members with an update: Spokane County Commissioners made a decision to become mid-adopters, meaning that the Spokane region would adopt fully integrated managed care January 1, 2019 with 2018 being the transition year. Currently, they are waiting for the Health Care Authority to respond to the BHO's conditions. If HCA does not agree, Spokane will move to integrated managed care in January 2020. DBHR is going to become part of the Health Care Authority in July. There may be five managed care organizations in Spokane's region vs the one BHO. MCOs will not oversee ITA.
- Mrs. Zerba, a parent and a member of Pavè spoke about the importance of going to school meetings in person.

The next meeting is February 1st.