



NE Family Youth System Partner Meetings & Activities

May 4, 2017

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The NE FYSPRT met on May 4, 2017 at Spokane Community Services Bldg., 312 W 8th Ave., Spokane, WA and was called to order by the Youth Lead Morgan Gabriel. Also present was System Lead Liz Perez. Twenty one (21) members and guests attended including one member by phone, representing families, youth, and system partners.

STATEWIDE FYSPRT EXERCISE

Liz Perez presented two exercises for the group. Members were asked to provide documentation on successes and challenges they have experienced based on their perspective: family, young person, partner or provider and send the form to Becky. The other exercise from the Statewide FYSPRT Children's Behavioral Health Governance Structure was to complete the Challenge and Solution Submission document.

The group identified homeless youth with mental health challenges as the topic from NE FYSPRT to respond to the Governance Structure request. The document was completed including a description of the challenge, solutions tried, and desired outcomes. It will be forwarded to the Statewide FYSPRT by Becky Bates and both exercises are attached to these minutes.

PRESENTATION

SCRBHO PERFORMANCE IMPROVEMENT PROJECT WITH YOUTH N' ACTION

The SCRBHO has identified as a performance improvement project improved access for youth to services. The SCRBHO has begun marketing the Say Something text line 741-741. The SCRBHO and YN'A met with students at five middle schools in March from both urban and rural settings and will meet with five high schools in September. YN'A participants described their interactions with the students and faculty and talked about the differences between rural and urban cultures. YN'A participants also shared their stories with the NE FYSPRT audience and Travis shared his rap poem with the group.

SCRBHO provided an education session for parents at a local high school with Frontier Behavioral Health providing clinical staff for the presentation.

WISE UPDATES



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Stephanie provided an update on the status of the WISE teams. There are 148 WISE enrolled individuals in Spokane County. The WISE engagement process is showing positive feedback. There are 26 active teams including two in Stevens County. There continue to be openings and marketing is underway for referrals. The organizations with WISE teams provided an update on their activities including their status of hiring qualified staff and number of openings.

ANNOUNCEMENTS

Members discussed the negative article in the Inlander newspaper this week and stressed the need to embrace differing opinions and collaborate when things don't go well. Excelesior is responding to the article.

Meeting adjourned at 1:00 p.m. Next meeting is 6/1/17.



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**Statewide FYSPRT
Children’s Behavioral Health Governance Structure
Challenge and Solution Submission Form**

Date: 5/4/17	
To:	Statewide FYSPRT
From:	NE FYSPRT
Subject:	Homeless Youth with Mental Health Challenges
Category (check all that apply): <input checked="" type="checkbox"/> Services and Supports (access and quality); <input type="checkbox"/> Child and Family Team Meeting (process); <input type="checkbox"/> Roles/Responsibilities (follow-through); <input type="checkbox"/> Legal Mandates; <input type="checkbox"/> Policies and Procedures (laws, rules); <input type="checkbox"/> Cultural & Linguistic Considerations; <input type="checkbox"/> Unknown; <input type="checkbox"/> Other: _____	

Description (including solution, best practice, success story, or challenge/barrier):

Challenge: How to support youth who are homeless and experiencing mental health challenges and are still struggling. They don't meet criteria for CLIP, don't have caregivers and have exhausted other resources. Or they bounce between resources due to occupancy or length of stay limitations. Examples also include individuals transitioning from youth to adult and the need to better bridge the gap when they lose the support from youth care providers, and individuals who are homeless trying to attend college living out of cars with increased depression and anxiety without them knowing that crisis intervention is available.



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Solutions Tried: (Please add all the ways that the Regional FYSPRT tried to address the barrier)

Resources available include Life Point Transitional – bridges the gap; Crosswalk, Children's Administration, and ChildFind. There are homeless youth who don't fit the criteria for entry into any of the available resources. Need to get to the table all of the partners to identify who is missing, e.g. 13 and over youth who decline services, or don't want to live in any of the available homes where they were previously.

Youth Reach is a success in attempting to bridge the gap for individuals who are in detention. They have better success by meeting with the individuals prior to release rather than the individual being provided a referral only.

Desired outcome(s): Youth are aware of the resources available and utilize them. Educate homeless services personnel to the resources available. Create social media resource guides for homeless youth who want to utilize services.

Statewide FYSPRT Exercise:

From a family perspective:

What successes/challenges have you experienced in your region with engaging in your child or youth's mental health and/or substance use services?
How were those successes achieved?

From a young person's perspective:

What successes/challenges have you experienced in your region engaging your family in your mental health and/or substance use services?
How were those successes achieved?

From a system partner or provider perspective:

What successes/challenges have you experienced in your region engaging families in mental health and/or substance use services?



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RESPONSE # 1

Successes:

- **More and more youth are receiving WISE services in more counties.**

Challenges:

- **Rural counties still do not have WISE up and running**
- **Youth who become dependent due to child abuse or neglect and who have a WISE team, often lose those teams as their needs are still too great to be placed in a regular foster home setting and so must be placed into BRS treatment settings.**

RESPONSE # 2

Families feel accepted, supported, empowered, more knowledgeable about their options, more hopeful about the future.

How were those success achieved?

RESPONSE # 1

More WISE teams are available

RESPONSE # 2

Consistency in staff who work with families. Families report increased satisfaction when they are able to stay with the same provider as change can be difficult for them.

Having unconditional high regard for each family member. Families appreciate when their provider can attend important meetings with them, such as school meetings.

Having increased knowledge: about the illness of a loved one, about special education etc., can be empowering and hopeful for families who want to be able to help their children and aren't quite sure how to do so.

Families from non-English speaking countries appreciate efforts to communicate with them, practical information about American culture, schools, language, transportation, community resources. They also appreciate when providers are genuinely interested in learning about their native culture.