



## **NE Family Youth System Partner Meeting Minutes NE FYSPRT**

January 10, 2019

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The NE FYSPRT met January 10, 2019 at Passages Family Support, 1700 S Assembly, Spokane, WA and was called to order by the Youth Co-Lead Morgan Gabriel. Twenty three members and guests representing families, youth, and system partners were present or participated by phone and webex.

### TRI-LEADS

Becky announced that Vincent Cardiel, Juvenile Rehabilitation Administration, is the new System Partner Co-Lead. Becky discussed with the members the self-imposed term limit and all agreed with the plan that Morgan Gabriel, current Youth Co-Lead, would mentor Alexis Dawkins in 2019 with Alexis becoming Youth Co-Lead in 2020.

### PRESENTATION

Sharon Randall, Outreach Specialist with the Healing Lodge of the Seven Nations, gave a presentation on their inpatient program. Participants in the program are there voluntarily and the stay ranges from 90 to 120 days. They provide services to both male and female youth age 13-17 (or 18 if they are in school). The Healing Nation is open to all individuals regardless of ethnicity and services are holistic in nature. There are no medications, they do not allow sugar or caffeine. Native American cultures are taught to all participants if they choose.

The Healing Nation serves over 200 individuals a year. Their goal is to provide 70% of their services to Native youth, however, they do accept anyone. There are 45 beds, 30 male and 15 female.

Youth must have a substance use disorder and may have a mental health disorder also. The primary focus is addiction therapy. Physicians who are in residency programs provide assessments and diagnosis and an ARNP is being hired to provide medical services while youth are in treatment. They do not have seclusion or restraint.

Education is stressed and the youth are eligible to obtain 5-6 credits towards a high school diploma or GED. Depending on age, diploma is recommended over a GED.



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Residents participate in cultural programs and there is a new orientation wing where new admissions remain for 5-7 days to assimilate into the inpatient setting.

When individuals are ready for discharge, they have a rite of passage including the opportunity to remain in a teepee alone for up to 24 hours.

The Healing Lodge has a music program which allows residents to create their own music. There is an actual music studio. This helps residents express feelings/thoughts that might not otherwise be expressed with therapists.

Soon, the Healing Lodge will have an outpatient mental health component in its own building open to any individual requesting outpatient services.

Currently, most youth come to the Healing Lodge from out of state and most are court ordered to voluntarily participate. They must be detoxed prior to arrival.

Ms. Randall invited everyone to come and visit the campus. She was thanked for her presentation and invited to become a NE FYSPRT member.

### WISe UPDATES

The WISe providers gave updates on their WISe teams, including numbers for their interest lists. Providers continue to adjust for staffing vacancies, large numbers of referrals; and services for individuals who want to wait for a particular provider; for example, families are being provided with Homebuilders Information while they wait for an opening with a specific provider. As of this date, almost all WISe teams are full and most have interest lists.

The WISe providers are finalizing their joint meeting date and time (a suggestion was made to meet prior to or after the NE FYSPRT meetings). The MCOs will be invited to join the group. Coordinated Care (foster children) will participate in all WISe provider meetings

Dave Embree with HCA will be in Spokane next week. He is the HCA WISe coordinator. The WISe providers expressed concern that WISe referrals in other integrated regions have increased significantly and are worried about the possibility of pressure to increase the number of individuals assigned to each



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WISe team especially with the difficulty finding qualified staff for the teams. The WISe providers expressed appreciation to hear the MCOs understand the issues with the provision of services in the WISe programs. The MCOs have had WISe forums and understand the barriers WISe teams experience, per Mindy Watson with Coordinated Care.

There is a webinar on January 14<sup>th</sup> and Mindy will send information to Becky for dissemination to NE FYSPRT members.

### ISSUES FOR THE STATEWIDE FYSPRT

Becky reaffirmed that at the February state-wide FYSPRT meeting, they will bring up premature discharges from Child Study and Treatment Center without an adequate transition plan (including for youth who turn 18), and kinship caregivers who experience barriers to getting legal standing while caring for children/youth.

### YOUTH/FAMILY VOICE

The NE FYSPRT again reviewed the age of consent recommendation of no change and affirmed their position regarding this issue – that it should be youth choice. Becky will take this topic to the February statewide meeting.

The members also discussed the process now for admission of children/youth into inpatient facilities and the role the MCOs will play.

The next NE FYSPRT meeting will be February 7, 2019 at noon, at Passages. There will be no presentation but the group will work on the Charter, needs assessment and strategic plan.